

# Clinic Orientation

## Learning Objectives

	<b>Policies, Procedures, and guidelines</b>	<b>Notes</b>
	Determine the daily work schedule (min. 16 hrs/week T8, 17 hrs/week T9; max. 22)	
	Provide intern with a tour of the clinic	
	Introduce intern to all key office personnel and their function	
	Show intern the flow of the practice	
	Assign intern a work space	
	Provide intern with a working knowledge of your Office Policy and Procedure Manual, including <ul style="list-style-type: none"> <li>clinic dress code</li> <li>food in the clinic</li> <li>parking</li> <li>telephone use</li> <li>chain of command</li> <li>interacting with staff/boundary expectations</li> <li>vacation/time off (in correlation with the NWHSU Clinic Handbook)</li> </ul>	
	Establish a weekly meeting time with the intern	
	Establish timing goals for: <ul style="list-style-type: none"> <li>moving from observation to full participation</li> <li>meeting requirements (adjustments, exams, x-rays)</li> </ul>	
	Determine how the intern will be referred to in the office <ul style="list-style-type: none"> <li>“Doctor” is not an option</li> <li>“Chiropractic Intern” nametag must be worn at all times</li> </ul>	

	<b>Professional Behavior</b>	<b>Notes</b>
	Punctuality	
	Maintaining confidentiality	
	Language	
	Interaction with staff	
	Interaction with patients	

# History

## Learning Objectives

	<b>Health History</b>	<b>Notes</b>
	<b>History Components</b>	
	Establish the purpose of the patient's visit	
	Conduct an efficiently organized, smooth-flowing history	
	Past, family, medical, review of systems, lifestyle	
	<b>Communication Skills</b>	
	Demonstrate interpersonal skills: establishing/maintaining rapport with patients	
	Recognize, describe, and interpret the patient's verbal and non-verbal affective behavior during the history	
	<b>Documentation</b>	
	Understand that the admittance form and history initiate the patient's permanent record	
	Write an accurate, concise narrative summary of the patient's history	
	Know how and when to record pertinent and potentially sensitive clinical information provided by the patient during the history	
	<b>Clinical Thought Process</b>	
	Develop an initial list of differential diagnoses	
	Establish priorities for the scope and focus of the examination	
	Be able to prioritize and manage the history of a patient with multiple health complaints and concerns	
	Be able to identify common causes of and manage difficult doctor-patient encounters and relationships	

# Physical Examination

## Learning Objectives

	<b>Physical Exam</b>	<b>Notes</b>
	<b>Exam Procedures</b>	
	Be able to perform a smooth flowing, valid, and reliable exam in all these categories: brief                      extended limited                    comprehensive	
	Be able to perform appropriate and complete exams in these categories: spinal                    general extremity	
	<b>Communication Skills</b>	
	Give appropriate gowning instructions	
	Give instructions in a clear, understandable manner	
	<b>Documentation</b>	
	Appropriately record examination results	
	Write an accurate, concise narrative summary of the patient's physical examination	
	<b>Clinical Thought Process</b>	
	Determine a clinically appropriate exam	
	Determine the appropriate attire for the patient's examination, and give thorough instructions	
	Redirect the flow and scope of the exam as clinically significant findings are discovered	
	Understand the necessity and timing of reevaluating the patient	
	Apply appropriate examination skills for dealing with challenging patients and unusual situations	
	Be able to recognize signs of patient abuse or neglect and understand appropriate reporting policies	
	Be able to recognize and evaluate patient presentations requiring referral - immediate and non-immediate	

# X-ray

## Learning Objectives

<b>Radiographic Examination</b>		<b>Notes</b>
<b>Clinical Thought Process</b>		
	select appropriate x-ray studies as clinically indicated	
	determine appropriateness of radiographic consultations	
	demonstrate knowledge of when, how and to whom to make a referral	
	describe appropriate follow-up x-rays	
	understand the reasoning for ordering CT, MRI, nuclear medicine and other advanced imaging when appropriate	
<b>Communication Skills</b>		
	give appropriate gowning instructions (includes removing all potential artifacts)	
	instruct patient for proper positioning	
	be able to initiate appropriate radiologic consultations	
<b>X-ray Room and Darkroom Procedures</b>		
	demonstrate proper set-up – positioning, measurement, factors, marker, shielding	
	perform sensi-densi procedures	
	demonstrate procedures – lighting, reloading, flash card, processing	
	perform x-ray processor cleaning and maintenance	
<b>Interpretation</b>		
	recognize, interpret, and clinically correlate findings on plain film radiographs	
	be able to locate, understand and explain the significance of findings described in radiological reports of advanced imaging studies	
<b>Documentation</b>		
	conduct appropriate documentation - log book, report writing	
	be able to summarize radiographic findings in a written report	

**Lab****Learning Objectives**

	<b>Laboratory Examination</b>	<b>Notes</b>
	<b>Clinical Thought Process</b>	
	Be able to select clinically indicated tests	
	Be able to select clinically indicated follow-up tests	
	Understand when it is appropriate to refer a patient based on laboratory findings	
	<b>Interpretation</b>	
	Recognize, interpret, and clinically correlate findings of laboratory tests	
	<b>Communication Skills</b>	
	Be able to discuss the necessity for ordering clinically indicated tests with the patient	
	Be able to appropriately discuss test results with the patient	
	<b>Documentation</b>	
	Use appropriate documentation	

# Diagnosis

## Learning Objectives

Diagnosis		Notes
<b>Clinical Thought Process</b>		
	Determine a diagnosis consistent with patient work-up	
	Be able to determine and prioritize the diagnoses for a person with multiple problems	
<b>Terminology</b>		
	Understand the ICD-9 coding system and its appropriate use	
	Understand how to develop a written diagnosis and its appropriate use	
<b>Documentation</b>		
	Understand the importance of properly documenting a diagnosis	
	Be able to write a diagnosis that is appropriate for a narrative report	

# Treatment Plan

## Learning Objectives

Treatment/Management Plan		Notes														
<b>Clinical Thought Process</b>																
	Develop a management plan consistent for the diagnosis															
	Be able to appropriately modify the treatment plan after reevaluating the patient															
<b>Content</b>																
	<table border="0"> <tr> <td>Adjustments</td> <td>Lifestyle modification</td> </tr> <tr> <td>Physiotherapy</td> <td>Supports</td> </tr> <tr> <td>Soft tissue techniques</td> <td>Patient education</td> </tr> <tr> <td>Exercise</td> <td>Referral</td> </tr> <tr> <td>Dietary counseling</td> <td>Frequency of care</td> </tr> <tr> <td>Nutrition therapy</td> <td>Treatment goals</td> </tr> <tr> <td>Home care</td> <td>Restrictions</td> </tr> </table>	Adjustments	Lifestyle modification	Physiotherapy	Supports	Soft tissue techniques	Patient education	Exercise	Referral	Dietary counseling	Frequency of care	Nutrition therapy	Treatment goals	Home care	Restrictions	
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Physiotherapy	Supports															
Soft tissue techniques	Patient education															
Exercise	Referral															
Dietary counseling	Frequency of care															
Nutrition therapy	Treatment goals															
Home care	Restrictions															
	Be able to assess and manage an exacerbation of the patient's primary condition															
	Be able to design and implement treatment plans for patients with multiple health problems and/or factors which complicate the care of the primary condition															
	Be able to take actions necessary to restrict work, activities of daily living, and recreational activities when appropriate, and be able to design and implement a plan for resuming these activities															
<b>Documentation</b>																
	Be able to write a plan for managing the patient															

# Report of Findings

## Learning Objectives

	<b>Report of Findings</b>	<b>Notes</b>
	<b>Clinical Thought Process</b>	
	Determine for each patient the appropriate time and location of presentation	
	Determine appropriate presentation style based on patient's personality and needs	
	<b>Content – discuss with the patient:</b>	
	The outcome of the examination, x-rays, lab tests or other diagnostic studies	
	The mechanism responsible for the patient's symptoms or condition	
	Treatment, management and self-care recommendations work restrictions, activities of daily living and recreational activities when appropriate goals for care that are consistent with the expectations, needs, and health status of the patient prognosis An appointment schedule	
	Be able to participate with the patient in identifying goals for care that are consistent with the expectations, needs, and health status of the patient	
	<b>Process</b>	
	Timing / location	
	Visual aids / patient materials/handouts	

# Therapeutic Procedures

## Learning Objectives

Therapeutic Procedures		Notes
<b>Adjusting</b>		
	Understand the indications and contraindications for the adjustment	
	Select and apply the appropriate adjustment (manual and non-force) Spine/pelvis – cervical, thoracic, lumbar, sacrum, pelvis All joints of the upper and lower extremities	
<b>Physiotherapy</b>		
	Understand the indications and contraindications for use	
	Be able to select the appropriate therapy for each patient	
	Be able to appropriately and effectively apply therapies	
<b>Supports/Braces, Exercise, Nutrition</b>		
	Be able to select, fit and apply appropriate spinal and extremity supports	
	Be able to use appropriate exercise protocols, and instruct patients in their use for improving posture, coordination, strength, endurance and flexibility	
	Be able to provide patients with general nutritional information, specific dietary advice and appropriate supplement recommendations when clinically indicated	
<b>Lifestyle</b>		
	Understand how to promote healthy behaviors and provide appropriate lifestyle modification information to patients as clinically indicated	
<b>Reevaluation</b>		
	Understand the necessity for reevaluating the patient	
	Understand that reevaluation includes history, physical exam, potentially x-ray/lab, and modifying the diagnosis and treatment plan	

# Record-keeping

## Learning Objectives

	<b>Record-keeping</b>	<b>Notes</b>
<b>Clinical Thought Process</b>		
	Understand the appropriateness of how and when to document	
	Understand the circumstances in which there is a need to document out-of-office instructions given to the patient	
	Understand the importance, both legal and ethical, for maintaining patient confidentiality	
<b>File Documentation</b>		
	Maintain accurate, current, understandable and legible records	
	Document initial and subsequent history, physical, diagnostic imaging and laboratory examinations	
	Record changes in the treatment plan	
	Record referrals to other providers	
	Use commonly accepted systems for coding diagnoses and clinical procedures	
	Recognize that billing and payment information is a legal component of the patient record	
<b>Communication</b>		
	Be able to write narrative reports	
	Maintain a record of all professional communication written and verbal communication with patients	
	Understand and utilize appropriate records release procedures	
<b>Storage</b>		
	Understand and utilize appropriate record storage	

# Communication

## Learning Objectives

	<b>Communication</b>	<b>Notes</b>
	Demonstrate effective communication skills appropriate for professional and community interaction. written verbal non-verbal	
	Use words and phrases the patient can easily understand	
	Develop a professional doctor-patient relationship show genuine interest and concern for the patient display a professional demeanor towards the patient	
	Effectively give instructions to the patient	
	Explain the rationale and purpose for examination, laboratory, specialized diagnostic, and treatment procedures to patients	
	Demonstrate the ability to produce professional correspondence	
	Obtain and document informed consent	
	Develop a professional doctor-patient relationship and understand how it affects compliance with treatment recommendations and self-care instructions, as well as patient satisfaction and professional liability exposure.	
	Demonstrate an ability to educate and inform both patients and community about the profession, principles and practice of chiropractic	

# Patient Education

## Learning Objectives

Patient Education		Notes
<b>Home care</b>		
	Be able to explain home care procedures to the patient in detail	
	Give handouts with instructions when appropriate	
<b>Philosophy</b>		
	Be able to describe the conceptual models of the subluxation	
	Be able to explain the frequency of care difference between chiropractic and allopathic medicine	
	Be able to describe the different phases of care	
	Be able to discuss how spinal nerve interference can be related to visceral problems	
	Be able to explain to the patient the importance of their responsibility in getting better	
	Be able to explain to the patient why self-adjusting is detrimental even though it feels good at first	
	Demonstrate the ability to put design and present a spinal care class	