



## NWHSU Indoor Walking Routes

\*Get moving inside – even when the weather isn't cooperating outside



### Half-Mile Route #1

\*starts on main level at door #4

- Go right down hall past Admissions office and then left down the north hallway to the stairs by door #2
- Go up the stairs to the 2<sup>nd</sup> floor. Walk down the hallway to the other end (south side of building) and take the stairs all the way down to the lower level (by the AV office).
- Go down the hallway and turn left by the student senate office to the double doors.
- Go right through the double doors down the hallway (passing the Edith Davis clinic)
- Just before the doors to the UHS clinic, go right by the vending machines and up the stairs
- At the top of the stairs go left and continue down hallway by Hall of Honor.
- At the end of the hallway, go right (by the alumni/development office) and then left down the hallway towards the cafeteria.
- When you come to the foyer, go left (towards door #3) and then take an immediate right so you're going around the auditorium.
- Continue the loop passing Admissions and Continuing Education and going to the stairs by door #4.
- Go down the stairs to the lower level (by Communications offices) and go right down the hall (passing Massage Therapy and MCAOM).
- At the end of the hall (by the accounting office), turn left and go up main stairwell to the main level (by the library).
- Take a right and go back down the hallway towards the cafeteria, and end in the foyer.



### Half-Mile Route #2

\*starts on main level at top of stairs/elevator by door #8 (by west parking lot and UHS)

- Go through the double doors past the gym and veer left to go by the pool and down the hallway along the Hall of Honor.
- At the end of the hallway, go left towards door #2 and take the stairs up to the 2<sup>nd</sup> floor.
- Walk down the hallway to the other end (south side of building) and take the stairs all the way down to the lower level (by the AV office).
- Go down the hallway and turn right by the student senate office to go down the hallway towards Communications.
- Go up the stairwell at the end of the hall to the main level (by door #4).
- Go right down hall past Admissions office and then left down the north hallway, ending by the alumni/development office and the Hall of Honor