

Complementary and Alternative Health Care Client Bill of Rights

**Pillsbury House Integrated Health Clinic
3501 Chicago Avenue So., Minneapolis, MN 55407**

As of July 1, 2001, the Freedom of Access to Complementary Care Law requires that you receive and acknowledge that you have received by your signature below, the following information prior to your treatment.

I _____ acknowledge by my signature _____

that I have received the Complementary and Alternative Health Care Client Bill of Rights. Date _____

Education level of student massage therapist:

Classic Western Relaxation massage including effleurage, petrissage, tapotement, friction and vibration, and passive stretching. Trigger point therapy. Basic foot reflexology. Human anatomy and physiology for massage therapists. Ethics and professionalism. Communication skills for health care professionals.

Education of professional massage therapists teaching in the clinic:

All massage faculty are NCTMB certified and have a minimum of 2 years of clinical practice.

“THE STATE OF MINNESOTA HAS NOT ADOPTED ANY EDUCATIONAL AND TRAINING STANDARDS FOR UNLICENSED COMPLEMENTARY AND ALTERNATIVE HEALTH CARE PRACTITIONERS. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATION PURPOSES ONLY. Under Minnesota law, an unlicensed complementary and alternative health care practitioner may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments. If a client desires diagnosis from a licensed physician, chiropractor, or acupuncture practitioner, or services from a physician, chiropractor, nurse, osteopath, physical therapist, dietitian, nutritionist, acupuncture practitioner, athletic trainer, or any other type of health care provider, the client may seek such services at any time.”

- You have the right to express concerns or file complaints with: MN Department of Health, Health Occupations Program, P.O. box 64882, St. Paul MN 55164 (651) 201-3728
- The Pillsbury House Integrated Health clinic is under the supervision of licensed health care practitioners and clinical faculty of Northwestern Health Sciences University. The Associate Vice President of Clinical Services is Deborah Miller. She can be reached at: 952-885-5418.
- There are no fees for services provided.
- Massage is the systematic and scientific manipulation of the soft tissues of the body to prevent and alleviate pain, discomfort, muscle spasm, and stress; and to promote health and wellness. Student massage therapists utilize Western massage techniques from the Swedish tradition including: gliding, kneading, friction, vibration, percussion, and passive stretching, and depending on their training level advanced techniques that address pain and dysfunction in muscle and connective tissues.
- You have the right to complete and current information concerning any massage specific assessment your student therapist has made and any recommended service to be provided, including the expected duration of service.
- You may expect courteous and respectful treatment from student massage therapists and to be free from verbal, physical, or sexual abuse by student therapists.
- Your records and all transactions with the Pillsbury House Integrated Health Clinic are confidential, unless release of these records is authorized in writing by you, or otherwise provided by law.
- You have the right to access and read your records in accordance with section 144.335
- Other massage and bodywork services may be available to you in the community. Please ask your student massage therapist or a supervising instructor for any information you would like.
- You have the right to choose freely among available massage and bodywork practitioners and to change practitioners after services have begun, within the limits of health insurance or other health programs.
- You have the right to coordinated transfer of your records when there will be a change in the provider of services. If you choose to see another massage therapist or health care provider, your records will be transferred at your request.
- You have the right to refuse treatment at any time during a massage therapy session.
- You may assert the above mentioned rights without retaliation from the student massage therapist.