

MISSION STATEMENT

"Our mission and purpose is to provide affordable and integrative health care services in a student-operated and professionally supervised clinic. In addition to providing excellence in health care delivery, the clinic will provide a unique environment for health care student education and provider collaboration. This unique environment will be the platform for a novel approach to bringing integrated health care to a vibrant but underserved community whose involvement and inclusion are integral to our mission."

Pillsbury House Integrated Health Clinic is a service of Northwestern Health Sciences University and other supporting schools of higher education.

This unique clinic will bring together medical and complimentary and alternative medicine practitioners to serve the unique health needs of our community. The clinic will involve students from several disciplines including chiropractic, acupuncture and Oriental medicine, massage therapy, psychology, medicine, nursing, and other therapies.

In multidisciplinary teams, students will work with patients to determine the most effective treatment for optimal health. Licensed faculty from each discipline will oversee this process and work with the students and patients in an environment of teaching and learning.

In the spirit of integrated health care, the overall flavor of this clinic will be one of engaging the patient in a deeper understanding of health and a more lasting sense of well-being. We will be using practices and approaches that treat the patient as a whole, recognizing that all - mind, body and spirit - are interconnected.

We are deeply interested in bringing these powerful healing techniques to the southside area. We believe that the "mind-body-spirit" approach to health care can help people within our community heal from many of the long-term illnesses that lessen our quality of life. This includes things such as stress, obesity, fatigue, headaches and indigestion.

Our services will be housed in community space, open to all, and "advertised" via word-of-mouth and street outreach.

The Pillsbury House

Pillsbury House is located in the Powderhorn – Central neighborhood of South Minneapolis. In addition to providing a myriad of services to children and families in the area, Pillsbury House also houses the Glenwood-Lyndale Health Realization Training Center and Pillsbury House Theatre. Pillsbury House is a vital and vibrant member of the community and sponsors events such as a summer barbecue and an annual Job Fair. Programs offered at Pillsbury House include:

- * Early Risers
- * HIV/STD Counseling
- * After-School Programs
- * Summer Youth Program
- * Tax Assistance
- * Computer Classes
- * Home Buying Workshops
- * Family Loan Program
- * Health Insurance Enrollment
- * FANS Project (Family Advocate Network System)
- * Time Dollar Store

Pillsbury House
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Minneapolis, Minnesota