

Complementary and Alternative Health Care Client Bill of Rights

Student Massage Therapist:

Northwestern Health Sciences University
School of Massage Therapy
2501 West 84th Street
Bloomington, MN 55431-1599
(952) 886-7563

As of July 1, 2001, the Freedom of Access to Complementary Care Law requires that you receive and acknowledge that you have received by your signature below, the following information prior to your treatment.

I, _____, acknowledge by my signature _____, that I have received the Complementary and Alternative Health Care Client Bill of Rights. Date _____.

Education level of student massage therapist:

Classic Western Relaxation massage including effleurage, petrissage, tapotement, friction and vibration, passive stretching, Basic foot reflexology, Human anatomy and physiology for massage therapists, Ethics and Professionalism, and Communication skills for health care professionals.

Education of professional massage therapists teaching in the clinic:

All massage faculty are NCTMB certified and have a minimum of 2 years of clinical practice.

“THE STATE OF MINNESOTA HAS NOT ADOPTED ANY EDUCATIONAL AND TRAINING STANDARDS FOR UNLICENSED COMPLEMENTARY AND ALTERNATIVE HEALTH CARE PRACTITIONERS. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATION PURPOSES ONLY.

Under Minnesota law, an unlicensed complementary and alternative health care practitioner may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments. If a client desires diagnosis from a licensed physician, chiropractor, or acupuncture practitioner, or services from a physician, chiropractor, nurse, osteopath, physical therapist, dietitian, nutritionist, acupuncture practitioner, athletic trainer, or any other type of health care provider, the client may seek such services at any time.

- You have the right to express concerns or file complaints with: MN department of Health, Health Occupations Program, P.O. Box 64975, St. Paul, MN 55164 (651) 282-6366
- Fees in the Northwestern Health Sciences University School of Massage Student Clinic are: \$30.00 per hour. Payment is expected at the time of service by cash, check or credit card. We do not accept any form of insurance for payment at this time.
- Cancellation Policy: If you must cancel, we require 24 hours notice in order to be able to fill that appointment time. If you cancel with less than 24 hours notice, we may exercise the right to refuse to schedule you again with a student therapist since part of our mission is to provide clinical education and unfilled appointments adversely affect student experiences.
- You have the right to reasonable notices of changes in services or charges. Such notice will be given verbally and will be posted in writing in the student clinic a minimum of 30 days in advance.
- Massage is the systematic and scientific manipulation of the soft tissues of the body to prevent and alleviate pain, discomfort, muscle spasm, and stress; and to promote health and wellness. Student massage therapists utilize Western massage techniques from the Swedish tradition including: gliding, kneading, friction, vibration, percussion, passive stretching, and depending on their training level, advanced techniques that address pain and dysfunction in muscle and connective tissues.
- You have the right to complete any current information concerning any massage-specific assessment your student therapist has made and any recommended service to be provided, including the expected duration of service.
- You may expect courteous and respectful treatment from student massage therapists and to be free from verbal, physical, or sexual abuse by student therapists and NHSU School of Massage Therapy.
- Your records and all transactions with the Northwestern Health Sciences University School of Massage Therapy Student Clinic are confidential, unless release of these records is authorized in writing, by you, or otherwise provided by law.
- You have the right to access and read your records in accordance with section 144.335
- Other massage and bodywork services may be available to you in the community. Please ask your student massage therapist or supervising instructor for any information you would like.
- You have the right to choose freely among available massage and bodywork practitioners and to change practitioners after services have begun, within the limits of health insurance or other health programs.
- You have the right to coordinated transfer of your records when there will be a change in the provider of services. If you choose to see another massage therapist or health care provider, your records will be transferred at your request.
- You have the right to refuse treatment at any time during a massage therapy session.
- You may assert the above mentioned rights without retaliation from the student massage therapist or any Northwestern Health Sciences University School of Massage Therapy Staff.