

**NORTHWESTERN HEALTH SCIENCES UNIVERSITY**  
**STUDENT ORGANIZATIONS BY CATEGORY**  
**FALL 2009**

***STUDENT CHAPTERS OF NATIONAL, INTERNATIONAL, OR STATE ORGANIZATIONS***

**AAAOM-SO**

**LEADER: HILARY PATZER**  
**ADVISOR: JOHN PIROG**

To enrich the field of Acupuncture and Oriental Medicine by providing students with opportunities to actively participate in its professional advancement and integrity. In addition, the AOMSOM seeks to establish lines of communication and a forum for discussion between schools in the Midwest region and beyond.

**STUDENT AMERICAN CHIROPRACTIC ASSOCIATION (SACA)** **LEADER: ELIZABETH MELISKI**  
**ADVISOR: DR. MICHELLE MAIERS**

The student branch of the American Chiropractic Association. Deals with political, legislative, and public relations issues of importance to the chiropractic profession at the national level. Every chiropractic student becomes a member at enrollment.

**STUDENT INTERNATIONAL CHIROPRACTORS ASSOCIATIONS (SICA)**

**LEADER: JAN TAPLIN**  
**ADVISOR: DR. JASON BARTLETT**

To develop the awareness and understanding of chiropractic fundamental principles as set forth and developed by BJ and DD Palmer. By promoting an enthusiastic community of students through education, events, social activities, and student support, while embracing unity throughout all SICA chapters.

***SERVICE ORGANIZATIONS***

***ACADEMIC & TECHNIQUE CLUBS***

**ACUPUNCTURE TECHNIQUE & BEYOND****LEADERS: ELENA PEKUROVSKY & MARCIA SWANSON**

**ADVISOR: DR. WEI LIU**

Enhance and widen the opportunities to students to learn about different acupuncture and oriental medicine techniques, styles, and business models while at school.

**ALEXANDER TECHNIQUE CLUB**

**LEADER: HEATHER MCDOWELL**  
**ADVISOR: DR. PATRICIA CASELLO**

The Alexander Technique Club provides students the opportunity to study the Alexander Technique. Students will improve body awareness and ease of movement and learn about a style of movement education that has been used successfully with many health conditions such as back pain and multiple sclerosis.

### **ANIMAL CHIROPRACTIC CLUB**

**LEADER: STACY LAND**  
**ADVISOR: DR. MARY TUCHSCHERER**

To allow students at NWSU to experience the world of animal chiropractic.

### **APPLIED KINESIOLOGY CLUB**

**LEADER: ANDREW ROSTENBERG**  
**ADVISOR: DR. NONI THREINEN**

To build a base of skills in kinesiologic testing and analysis that can compliment other approaches in the diagnosis and treatment of subluxations and related health concerns.

### **CHIROPRACTIC CLUB**

**LEADER: TRENT SCHEIDECKER**  
**ADVISOR: DR. NOVAK**

The purpose of the club is to educate, motivate, and inspire anyone involved with chiropractic.

### **CLUB MARIPOSA**

**LEADER: PETE POLSKI**  
**ADVISOR: DR. JAMES HULBERT**

Provide opportunities to ALL students and faculty of Northwestern Health Sciences University to strengthen their multi-cultural sensitivity, knowledge, and skills. These understandings will, in turn, enable their effective professional work with patients of varying backgrounds and characteristics. The Club will focus primarily on developing understanding and enjoyment of Hispanic cultures and the Spanish language, as it is used in health care settings.

### **FUNCTIONAL ANALYSIS CLUB**

**LEADERS: STEPHAN MOJE & MARK ZAHARIA**  
**ADVISOR: DR. JEFF NOVAK**

To introduce the concepts of Functional Analysis and their application in patient cases, and to help students develop the necessary skills to increase function via efficient breath response.

### **FUNCTIONAL MEDICINE CLUB**

**LEADER: SHANNA MILLER**  
**ADVISOR: DR. JONATHAN WILLIAMS**

To educate students in the field of functional medicine and to equip students with the philosophical and scientific basis for rigorously pursuing the art and science of functional medicine as a primary care physician.

### **GAIT ANALYSIS CLUB**

**LEADER: STEPHEN MOJE**  
**ADVISOR: DR. JOSEPH SWEERE**

Meeting at a pedestrian busy location to observe and translate the intricacies of gait. By understanding how someone walks, we can understand his/her tone in a motion. Philosophical and clinical conversations about the implication of said defaults in tonal functions. To help students find another tool for analysis.

### **GONSTEAD CLUB**

**LEADERS: CHRIS MOORE & MATT HRISTENSON**  
**ADVISOR: DR. JOSEPH SWEERE**

Students study and practice a hands-only methodology to gently and thoroughly detect subluxations in the spine and extremities and then fix them through application of a specific, chiropractic adjustment.

### **HERB CLUB**

**LEADERS: MIKA TURNER & ASHLEY HARTLE**  
**ADVISOR: SARA UREVIG**

The purpose of the herb club is to broaden the knowledge in interested students in traditional Chinese medicinal herbs through cultivation, harvesting, and preparation of plants and mushrooms grown in the Northwestern herb garden. The club will also work to teach and share related knowledge by bringing in speakers to share their knowledge about related topics such as plant propagation, nature useful plants, different cultural uses of herbs and other related knowledge to expand the knowledge of club and school community.

**INSTRUMENT ASSISTED AND GENTLE TECHNIQUES CLUB (IAGTC)** LEADER: JAN TAPLIN

ADVISOR: BILL ELKINGTON

To introduce students to a variety of techniques used by chiropractors such as KST, DNFT, Thompson, Activator, NETWORK, cranio-sacral, and others. To give students a forum in which they can share a technique or instrument about which they are excited.

**MASSAGE THERAPY CLUB**

LEADER: ANNA JENSEN

ADVISOR: SARAH ZAMASTIL

The Massage Therapy Club provides an opportunity for students to get to know one another, to network with other natural health care practitioners and to learn more about working in the field of Massage Therapy. It's also an opportunity for students to promote their trade throughout the Twin Cities at community events.

**MOTION PALPATION**

LEADERS: NOLAN MITCHELL & CHRISTIE WEIBEL-MAANUM

ADVISOR: DR. TOM BERGMANN

Provides an opportunity to study and practice the Motion Palpation method - focused on improving the psychomotor skills and clinical chiropractic awareness.

**OCCUPATIONAL CHIROPRACTIC CLUB**

LEADER: KRISTEN MITTENESS

ADVISOR: DR. JOSEPH SWEERE

To provide students with information and knowledge to pursue a future in occupational chiropractic.

**PART 4 CLUB**

LEADERS: HEIDI MENDENHALL &

ADVISOR: DR. JODELL SKAUFEL

To help prepare students for their part 4 National Board Exams.

**PEDIATRIC CLUB**

LEADER: LAURYN SAND

ADVISOR: DR. ANNE SPICER

To educate students on various pediatric issues and further their pediatric adjusting skills.

**SOT CLUB**

LEADER: ERICA JORDE

ADVISOR: DR. ANNE SPICER

To introduce and educate students at Northwestern about the SOT technique and promote its health care possibilities.

**SPORTS COUNCIL**

LEADER: CHRIS TRIMNER

ADVISOR: DR. JONATHAN WILLIAMS

To prepare future chiropractors to work with athletes at various levels: high school, college, pro, etc.

**TAIJI CLUB**

LEADER: BENJAMIN HILL-JACOBSON

ADVISOR: MARK MCKENZIE

To enrich the culture of NWHSU through the practice of taiji/qigong and to promote individuals qi cultivation, physical/mental/emotional harmony and healthy lifestyle.

**THE ROCK**

LEADER: MATT WURGLER

ADVISOR: DR. JEFF RICH

The purpose of The ROCK is to organize together as fellow Christians to provide the opportunity to share our faith with our peers. This is a faith-based, non-denominational group.

**THOMPSON TECHNIQUE CLUB**

LEADER: LONA COOK

ADVISOR: DR. KATIE BURNS-RYAN

To educate students on use, assessment, and adjusting skills utilizing drop piece techniques and leg length analysis.

**TORQUE RELEASE TECHNIQUE (TRT)**

**CLUB LEADERS: CHRIS LARSON & REGINA BROTT**

**ADVISOR: DR. NOVAK**

To further students understanding of the tonal model and TRT protocol and philosophy.

***PRACTICE MANAGEMENT CLUBS***

**CHIRO ADVANCE SERVICES**

**LEADERS: ASHLEY ANDERSON & LONA COOK**

**ADVISER: DR. CARA BORGGREN**

To help prepare students for successful private practice.

**GET THE BIG IDEA: PRINCIPLED REVOLUTION CLUB**

**LEADER: REGINA BROTT**

**ADVISOR: JAMES MCDONALD**

To help the Student Chiropractor reach their highest potential in life by assisting the Student Chiropractor in having a more prosperous, balanced life, fulfilling their dreams and saving and helping more lives on this planet than ever before through the vehicle of Chiropractic.

**MASTER MINDS**

**LEADER: GILES STIFTER**

**ADVISOR: DR. TERRY ERICKSON**

Built on the foundation that the success of Chiropractic practice comes from the doctor and who they are as a person, their vision, and their commitment to excellence. Therefore, our purpose is to educate students with ways to achieve a better them, to create goals and visions that they can strive for. It is to create a passion in each and every student about what they do in practice and in life.

**ON PURPOSE CLUB**

**LEADER: KRISTOPHER STEPNEY**

**ADVISOR: DR. DALE HEALEY**

Success leaves clues...people who want to be successful follow those clues. The On Purpose Club provides the campus community with the tools to build themselves personally and professionally so they can advance chiropractic everyday.

**PROFESSIONAL PRACTICE DEVELOPMENT  
NOMITCHELL**

**LEADERS: RENETA SPOONER &**

**ADVISOR: DR. MICHAEL**

**WILES**

To provide an educational club for all students in which ethical, advanced, diverse views of the chiropractic professions are introduced from doctors. To assist students with the development of their professional practice while maintaining integrity and quality patient care. To give students an opportunity for personal discussion with doctors in the field as well as NWHSU students for further academic & practice expansion. To provide a forum for students to experience evidence based health care.

***CULTURAL CLUBS***

### **CANADIAN CLUB**

**LEADERS: LETITIA RUSSELL  
ADVISOR: DR. DALE HEALEY**

To bridge the gap between Canadians and Americans.

### **DIVERSITY CLUB @ NWSU**

**LEADER: TANIA ORANDI  
ADVISORS: DR. TOLU OYELOWO & BILL KUEHL**

The purpose of the Diversity Club @ NWSU is to promote diversity and increase the awareness of various cultural, religious and socioeconomic groups on campus with the aim of reaching out to the surrounding communities. By working with all three programs on campus, this club strives to help make the experience of every Northwestern student as informative, pleasant and comfortable as possible.

### **ROOTS & SHOOTS CLUB**

**LEADER: LEAH FIFIELD  
ADVISOR: DR. BRAD FINER**

To provide fresh, local, and organic milk, eggs, and veggies to the campus community.

### **STUDENT AMBASSADOR CLUB**

**LEADERS: JESSICA SVENNES & BRITTANY BAER  
ADVISOR: STEVE NORDSTROM**

Provides an outreach program to future students and ease the entrance into Northwestern by providing exposure to the campus and to a student's "way of life". Promotes the natural health-care professions and Northwestern Health Sciences University at organized events.

## *ATHLETIC TEAMS*

### **ATHLETIC CLUB – SUMMER CO-REC SOFTBALL (CITY OF BLOOMINGTON)**

**LEADERS: LYNN WINKEL & GRANT COAUETTE  
ADVISOR: ANDY HOPPIN**

Promote physical activity in a fun atmosphere for all students in a co-rec softball team in the City of Bloomington.

**LEADER: MATT FRUDENTHAL  
ADVISER: JOHN HEALY**

### **MARTIAL ARTS CLUB**

**LEADER: GARRETT CHRISTENSEN  
ADVISER: DR. LINK LARSON**

Exposure to various systems of martial arts in a relaxed, fun, and safe environment. Training will focus on Hung Gar Kung Fu, Wing Chun Kung Fu, Muay Thai kick boxing, Jui-jitsu, and other forms of martial arts. Training will range from technique to challenging cardiovascular workouts.

### **SOCCER TEAM**

**LEADER: LINDSAY ANDRES  
ADVISER: DR. RENEE DEVRIES**

Provide the student body with a chance to meet and play soccer against each other. Also, to join leagues if we get funding.

## *FITNESS CLUBS*

**YOGA CLUB**

**LEADERS: KELLY VRUWINK & MARTHA DESANTE  
ADVISOR: ANNE MACKERETH**

To provide a mind and body experience to students, faculty, and staff. To increase awareness of the benefits of yoga, especially when used in conjunction with chiropractic, massage, and MCAOM treatments.

*OTHER*

**FITNESS CENTER**

**FITNESS CENTER SUPERVISOR: TRENT SCHEIDECKER  
ADVISORS: DR. EMILY TWEED & DR. LINK LARSON**

Provides a workout facility for students, faculty, and staff at a low cost. Operated by the Student Senate. Contains stair masters, aero bicycles, aerobic training, free weights and more.

**YEARBOOK CLUB**

**LEADER: KRISTIN ROGNEY  
ADVISOR: DR. EMILY TWEED**

**Coordinates and publishes the University Yearbook.**