Basic Life Support for the Healthcare Provider

To: Refresher Course Student

Welcome to the BLS for the Healthcare Providers Refresher Course. Enclosed, please find the course syllabus and a Guidelines 2005 BLS for Healthcare Providers Pre-test. Please look through the syllabus and complete the pretest prior to the day of the course. I believe you will find this preparation very valuable.

The class will be conducted as follows:
   Saturday
   1:00 p.m. to 4:00 p.m.
   Northwestern Health Sciences University, Gymnasium

Please wear loose comfortable clothing. You will be practicing skills that require working on your hands and knees, bending, standing and lifting. Please tell one of the instructors when you arrive for the course if you have any physical conditions that might prevent these activities. The instructor will work to accommodate your needs within the stated course completion requirements.

This is a redesigned course. The BLS for Healthcare Providers Refresher Course is designed to train you in the lifesaving skills of both CPR and relief of choking based on the 2005 American Heart Association Guidelines. Because the BLS for Healthcare Providers Refresher Course covers a lot of material in a relatively short time, advanced preparation is recommended.

I recommend you:
   1. Purchase a 2005 BLS for the Healthcare Provider text and CPR Micromask (available from our bookstore, 952-885-5416)
   2. Review the text, paying particular attention to the steps of CPR and relief of choking.
   3. Carefully read the objectives at the beginning of each section in the text.
   4. Review the video clips on the CD.

We look forward to welcoming you on Saturday. If you have any questions about the course, please call our Continuing Education Department at 952-885-5446.

Sincerely,
Brian J. Turner, BS, Ed, Paramedic
Course Coordinator