

# Learning Styles – Aural /Auditory Learners

**Auditory Learners** learn best when they hear information; thus they tend to prefer listening, verbalizing and discussing new knowledge. When learning information, some auditory learners favor listening to tapes or CDs, or talking aloud to themselves or others.

## General Study Tips

- Study in groups and talk things out. You can also do this by working with a peer tutor and discussing the main concepts of each class.
- Reduce lecture notes to main ideas (3:1) and record the main concepts on your phone.
- Listen to recorded version of lectures or notes while driving.
- Choose a study location where you can talk out loud to yourself as you study.
- Have a friend read your notes aloud to you.
- If you are distracted by ambient noise, use a pair of earplugs while studying.

## Time Management Strategies

- Request auditory reminders from a roommate or family member.
- When studying, use a kitchen timer to alert you when it is time for you to take a study break as well as when it is time to start studying again.

## Listening and Note-taking Strategies

- Participate in class by asking and answering questions. For online courses be an active participant in online discussions.
- Because you prefer to listen, your lecture notes may be incomplete. Use a Livescribe smartpen when taking notes. Pen records and syncs with your lecture notes, allowing a student to go back and re-listen to a specific part of the notes.
- Review main concepts with a classmate shortly after each lecture.
- When reviewing your notes, recite them aloud. Make a recording of this and listen to it when you are in your car.
- Teach others, this will clarify information and reinforce what you know.

## Reading and Study Strategies

- Especially for complex information, heighten your comprehension by talking aloud as you read so that you can hear yourself.
- Class lectures and discussion are often your strength, so use class information as a basis for understanding the text. Review class notes prior to reading textbook.
- Use audio versions on your textbooks from the publisher if available.

## Memory Strategies

- Create a catchy rhythm, jingle or song as a memory technique.
- To remember steps in a process, describe each step aloud.