

Body, Mind, Spirit

FOR REFERENCE

Do Not Take From This Room

NORTHWESTERN/HEALTH SCIENCES
UNIVERSITY
2501, W 84th ST
BLOOMINGTON, MN 55431

REF. 378.05 N87y2003



The mission of
Northwestern Health Sciences University
is to advance and promote
natural approaches to health through
education, research, clinical services and
community involvement.

Northwestern Health Sciences University 2501 West 84th St Bloomington, MN 55431 (952)888-4777

www.nwhealth.edu

LIBRARY
NORTHWESTERN/HEALTH SCIENCES
UNIVERSITY
2501 W 84th ST
BLOOMINGTON, MN 55431

Introduction 1

A Note from Your President



As you take your first steps as a new natural health care practitioner in the months and years ahead, your focus will naturally be on today, tomorrow, and next week. Building a practice, maybe moving to a new state, and raising a family will consume most of your waking moments as you pursue your dreams.

But one day, years or perhaps decades from today, you will leaf through these pages and rekindle the emotions and thoughts that characterized your years pursuing a degree or certificate as a natural health care practitioner at Northwestern Health Sciences University. It is then that the value of this yearbook will become truly apparent. A certain picture, maybe of you in a hands-on class or of a classmate in the cafeteria, will transport you back years or decades to the very hallway of Northwestern. The sounds, the sights, maybe even the smells will reach out over the years and touch you.

At that moment, the value of your education at Northwestern will crystallize. In those years since you graduated, you will have treated thousands - maybe tens of thousands - of men, women and children. For many of them, your care will have lifed them from years of pain and suffering. You will have validated your decision to become a natural health care practitioner.

I congratulate you on your hard work and dedication over the last three-plus years at Northwestern as you sought to realize your dreams. When I think back to 1963, the year I graduated as a doctor of chiropractic, I can recall how happy I was to be out of school and opeing a new practice in Charlotte, Michigan. I lived for today and tomorrow. Bur now, nearly four decades later, I have time to reflect on my years pursuing a degree as a natural health care practitioner.

And what I realize is that my dreams have become reality, and I am blessed to be one a member of one of the most wonderful careers in life - healing people Naturally.

Good luck in the years ahead.

Alfred Traina, D.C. President, Northwestern Health Sciences University



Dedication is the Key.....

The 2002-2003 yearbook is dedicated to Dr. Norman Horns. He has taught at Northwestern for many years. Recently, students of Northwestern started a scholarship in honor of Dr. Horns for his dedication to the students, Northwestern, and chiropractic. The following is a portion of a letter written by Beth Adams-Spencer, a T6 student, about this scholarship: "As a representative of the current T6 class in the College of Chiropractic, I am writing to invite you to join us in developing the new Dr. Norman Horns



Faculty Legacy Scholarship. We are creating a new scholarship for all the future students of Northwestern while at the same time honoring all of the professors whom we have come to love and respect.

Dr. Horns is a man dedicated to health, education and his students. He takes the time to know each of us by name and his door is always open to us if we need help even if that means he has to give out his home telephone number. For those who don't know Dr. Horns, he is a medical doctor who worked for many years as a pathologist before coming to Northwestern to teach. Perhaps this is the one of the most inspiring aspects about him. Dr. Horns loves his students and believes we each have the potential to become good doctors; every day he exemplifies how the allopathic world and chiropractic world can work hand-in-hand when individuals are open-minded. We all need to be reminded of this more often.

Earlier this trimester, as we were preparing for Part I Boards, our class wanted to come up with a meaningful way to say thank you to Dr. Horns for giving us a free, extracurricular review of pathology. He would not accept a monetary donation or a gift, so instead we decided to create a scholarship fund in his honor."



Right: Dr. Horns says thank you to the students for the honor. Many listeners teared up when he spoke.



Dr. Horns has been a wonderful asset to Northwestern. All who have met Dr. Horns will agree that not only is he an excellent teacher and mentor, but he is also a very kind and loving man. He brings together allopathic medicine with chiropractic, while demonstrating what every great doctor should always possess: compassion and the desire to help people, with whichever means that may entail.

On behalf of Northwestern, the students, and chiropractic, thank you for your committment and compassion.

NWHSU Faculty

Dr. Thomas Frick Dr. James Hulbert - Statistical and Research Methods Dr. Walter Johnson Kathy Lind Dr. Kren McManus

Jane Richardson Dr. Kim Swineheart Dr. Mary Tuchscherer Dr. Daniel Wallace Dr. Jane Wittich

Dr. James Amundson Dr. David Armold Dr. Julia Bartlett Dr. Thomas Bergmann Dr. Linda Bowers

Dr. Renee DeVries Dianne Dormady Dr. William Elkington Dr. Michael Epshteyn Dr. Terry Erickson Dr. Brad Finer

Gary Johnsen Dr. Andrew Klein Dr. Link Larson Dr. Anita Manne Dr. Timothy Mick

Dr. Tolu Oyelowo-Lee Dr. LaVerne Paulin Dr. Joel Pins Dr. Jeff Rich Dr. Rob Scott

Dr. Stacy Thornhill Brian Turner Dr. Jonathon Williams Dr. Kurt Wood Dr. Zachary Zachman

Basic Science



































































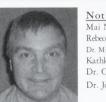












Not Pictured: Mai Nguyen Rebecca Peterson Dr. Michael Przeslawski Kathleen Sroga Dr. Orville Weiszhaar Dr. John B. Wolfe Jr.



NWHSU Faculty/Staff

MCAOM Clinic











Jennifer Connell Tao Gong Xiaoyan Hu Dr. Yongping Jiang Wei Liu











Huan Ma Mark McKenzie - Dean John Pirog Judi Ohlhauser Amy Nystrom Mei Wang



Not Pictured: Nancy Anderson-Bierma Susan Anderson Christopher Hafner Victoria Huitt Zhaoping Li Holly Jo Matzke Amy Nystrom Deborah Owen







Lisa Simensen, Kathy Allen & Andrea Cyr



Not Pictured: Katie Anderson Paula Bergs Rory Faherty Shannon Johnson Laura Last Charissa Mobley Sarah Weaver



Student Health Services



Not Pictured:





Karen Brezinka Beth Burgan

Dr. Dale Healy - Dean

Molly Mikacevich & Erin Mau



Joanie Holst Linda Lee Denise Radcliffe

Dr. Donald Eggebrecht Dr. Jeff Ewald Dr. Noni Threinen Dr. Mortensen



Glori Hinck





Kelly Muchow & Carolyn

Dr. Charles Sawyer & Diane Newcomer

Accounting/ Administrative



Admissions



Kelly Teeter, Jim McDonald, Amy Paczkowski, Marilyn Bangasser, Lois Richter, & Deb Twite

Julie Potthoff, Chuck Abbott, Christine Kelly, Lynn Heieie, Steve Nordstrom, Susan Weldy, Bill Kuehl, Kathy Hinks, Judy Matala

NWHSU Staff

Deborah Peterson & Wendy Ruchti

Dr. Amy Horton Cathy Schultz - X-ray Tech

Dr. David Stude Kari Hegg, Julie Graf, Gwen Brown, Holly Bludorn

Arne Krogsveen

Jerry Micelle, Manager; Sue Heil, Sandy Young, Jan Halleen, Martha Hardy, Brian Kramer Not Pictured: Cindy Castillo

Lisa Stewart & Chris Remitz

Dr. Lynne Hvidsten, Dr. Warren Moe, Mary Berg, Kimberly Ross

Lynn Schmidt, Sharon Frevik-Director, Lynne Wright, LaGretta Marro, Paulette Vogt Not Pictured: Lynn Sable

Heather Lien, John Healy, Kim Crouch, John Zeni, Chris Sothman, Nicky Simon, Monika Rimple, Rod Hasse

Diana Berg Lil Piddle, Jacklyn Sandord, Jenny McMullen

Cate Petoe

Rachel Sherman, Deborah Hoganson, Theresa Pendroy, Billi Jo Carpenter

Ruth Ann Marks, Andrea Kodner-Wenzel, Don Yerhot, Chudou Vang, Dan Prill, Janis Moore Not Pictured: Doug Cran

Brady Forseth & Susan Biwer Not Pictured: Dr. Stephen Bolles

Alumni/ Career Services

Bookstore

Clinical

Education

Сору

Center











Not Pictured: Ralph Stein

Nancy Todd









Bloomington

Natural

Care

Center











Audio

Visual



















NWHSU Staff

Institute of Health & Wellness



Lab



President's Office



Carol Schmidt

Deborah Miller

Nancy Johnson

Library



Physical Plant



LaVern Hudella, Della Shupe, Anne Mackereth, Ann Kempke



Darlene Riehm, Pho Ngugen, Roger Rasmussen, Michael Daddario, Dergee Gyalpo, Ed Ficsher

John Olson



Security Swingshift



Rehab Services



Dr. Richard Hills Not Pictured: Kari Hegg

Research



Not Pictured: Gert Bronfort Thomas Davis Jenny Hart Dr. Mike Przeslagski Jane Truesdale Anne Themham Dr. Paul Osterbauer Dr. Michele Maiers Mac Wingert

Jenny Rosha, Susan Ricketts, Cheri Meyer, Pat Holmes, Kathy Sroga, Dr. Craig Schulz, Dr. Gert Bronfort, Dr. Roni Evans, Dr. Blong Vang, Meng Fo, Dr. Steve Fridinger

Stacie Lundquist, Dr. Karen Norris, Sarah Magnuson

Jackie Plum, Mark Schader, Emily Tweed, Heidi Heitzman

Andy Hoppin, Paul Simmons, Jan Featherstone, Marcia Grimmius, Jeanie Peck, Marla Warner, Aimee Hood

Student **Affairs**



Student Records/ **Financial** Services



Dr. Okokon Udo - Chair

Lora Lee Underdal, Dr. Dan Conway, Dr. Paula Allenberg, Dana Malzer, Louise Hess

Master's Program



Uptown Natural Care Center



Not Pictured: Sarah Weaver

Woodwinds Natural Care Center



Dr. Charles Lininger





Dr. David Smith, Dr. Krista Boline, Sarah Donahue



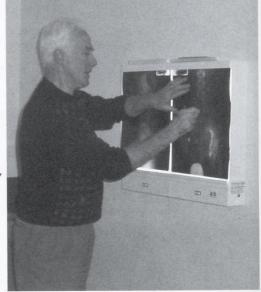
Staff/Candids

Sarah Wallraff, Kevin Kalb, DC, Nancy Thatcher Highlands Natural Care Center



















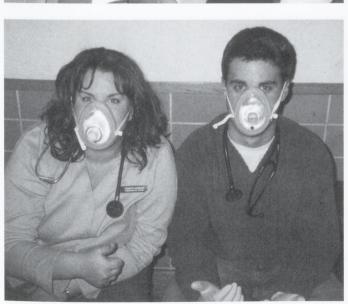


















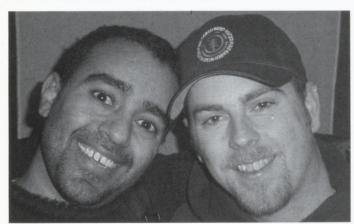


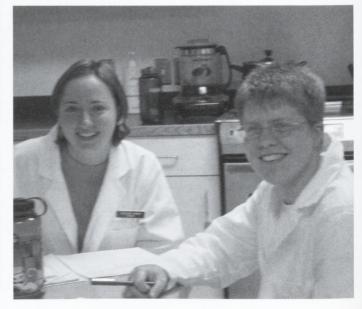
















10 Candids

College of Chiropractic

MISSION STATEMENT

The College of Chiropractic program provides a professional education comprised of the knowledge, skills and attributes necessary for one to practice chiropractic effectively, ethically and safely as a portal-of-entry, primary care chiropractic physician.



Dr. Robert Scott
Dean of the College of Chiropractic

EXPLANATION OF PROGRAM: The Doctor of Chiropractic program is a professional level, 10 trimester education that leads to the degree Doctor of Chiropractic (DC). Students entering the DC program must posses a minimum of 90 semester credits (three years) of undergraduate course work. Of this requirement, 60 credits are distributed in prerequisite course work in the sciences, humanities, and liberal arts.

HISTORY OF THE PROGRAM: Northwestern College of Chiropractic was founded June 2, 1941 by Dr. John B. Wolfe, D.C. The current enrollment of 600 students has outgrown three campuses, finally settling on our current campus in Bloomington. In 1984, Dr. Wolfe retired as president and Dr. Don Cassata was appointed as the second president and served until 1991. Northwestern's third president, Dr. John Allenburg, led Northwestern's transition from College to University and served as president until his retirement in 2001. Northwestern's fourth and current president, Dr. Alfred Traina is returning to Northwestern after holding the senior administrative position at LACC.

Northwestern College of Chiropractic has continually been on the forefront of chiropractic education. Northwestern was key in the development of the Council on Chiropractic Education (CCE). It pioneered the 6 year chiropractic academic program which became a requirement of all chiropractic programs by the CCE several years later. More recently Northwestern initiated the Community Based Internship Program (CBI) which has since been replicated by the majority of chiropractic colleges. Currently Northwestern continues to be a leader in quality, diverse clinical education with its integrative care clinic, Woodwinds Natural Care Center, located in a major metropolitan hospital.

DEAN OF THE PROGRAM: Dr. Robert Scott has been the Dean of the College of Chiropractic since September 2002. A graduate of Northwestern in 1992, Dr. Scott brings a diverse educational and clinical background to the position. Dr. Scott has a Bachelor of Science in Human Kinetics, a Master of Science in Exercise Physiology and a M.Ed. in Educational Administration. Currently, Dr. Scott is completing his Ph.D. at the University of Minnesota investigating the effects of chiropractic adjustments on vascular reactivity. Dr. Scott and his wife, Dr. Krista Boline, have owned five chiropractic clinics, including multidisciplinary clinics, and have practiced in both Canada and Minnesota. Prior to taking on the position of Dean, Dr. Scott has served as the Associate Chief of Staff of Clinics at Northwestern.

Chiropractic Summer T1 Class

Blomberg, Angela Butcher, Natalya Cecil, Allison Couillard, Cory Doubleday, Beau Eilefson, Joseph

Flora, Julie Galloway, David Gonzalez, Filiberto Grosskopf, Bess Hardwick, Mark Heiden, David

Jugler, Joni Kmiec, Michelle Major, Christopher McDonnell, Gregory Orlick, Sondra Oswald, Scott

> Richey, Kaili Ruther, Sarah Schnitzler, Ellie Sundberg, Jacob Svacina, Leigh























































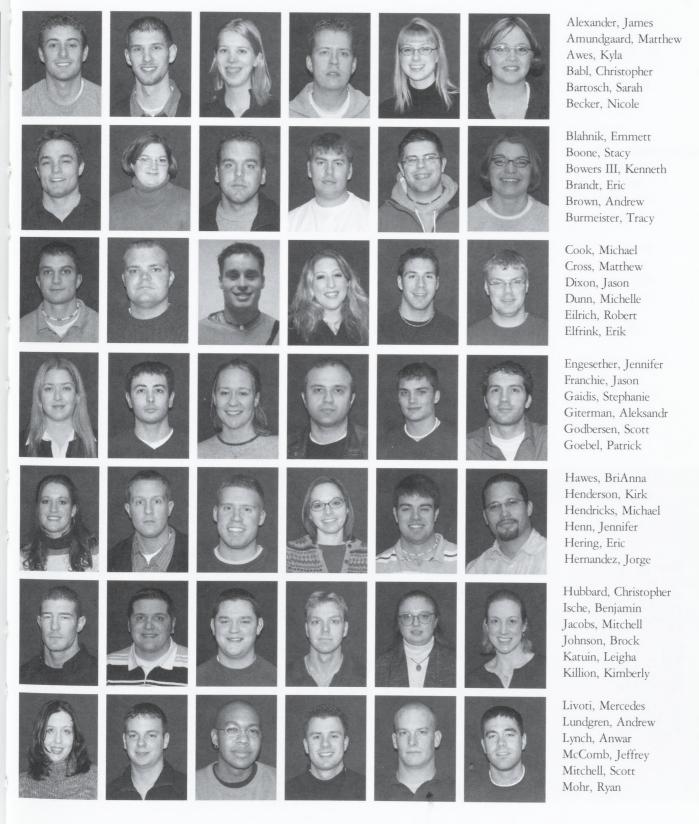






Chiropractic Winter T1 Class

S



Chiropractic Winter T1 Class

Neubauer, Nathan Paulson, Jolene Pelzer, Nicole Pichotta, James Pohlman, Crystal Primus, Sean

Prunty, Shane Ramirez Swarthout, Cristina Rheingans, Megan Ruckman, Cara Sacia, John Shumann, Faith

> Scott, Travis Seywerd, Marcus Shawn, Jody Siple, Justin Skaufel, Jodell Sramek, Chantel

Vickery, Sara Wall, Lise Wangerin, Tony Westrick, Zachary



































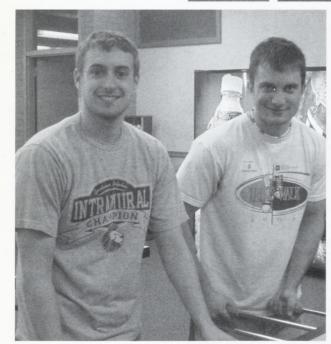












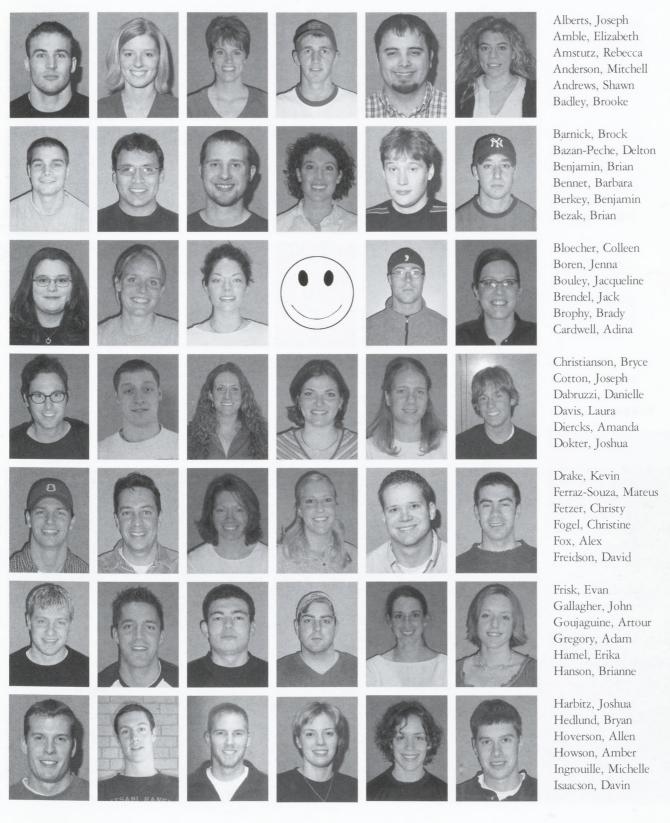








Chiropractic Fall T1 Class



Chiropractic Fall T1 Class

Jacobs, Cory Janis, Alexander Johnson, Jason Johnson, Mikael Johnson, Ryan Jones, Karyn

Kalbus, Kara Kaminski, Drew Keizer, David Klein, Andrew Kline, Jenny Kveene, Jennifer

Lane, Stephanie Lecy, Douglas Liazuk, Eric Lindauer, James Lopez, Franklin

Matejicka, Melissa Mathison, Shane McCoss, David McKinley, Channing Miller, Ryan Nelson, Jesse

Nelson, Justin Neufeld, Benjamin O'Donnell, Juliet Ochsendorf, Jerod Ottinger, Jared Pavlik Jr., Daniel

Peterson, Linnea Pickney, Derrik Pochucha, Nathaniel Rapp, Nicholas

Saj, Nathan Sanio, William Satter, Kenzie Schaff, Bradley Schatz, Bethanie Schindlbeck, James













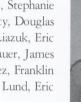






































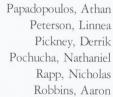






















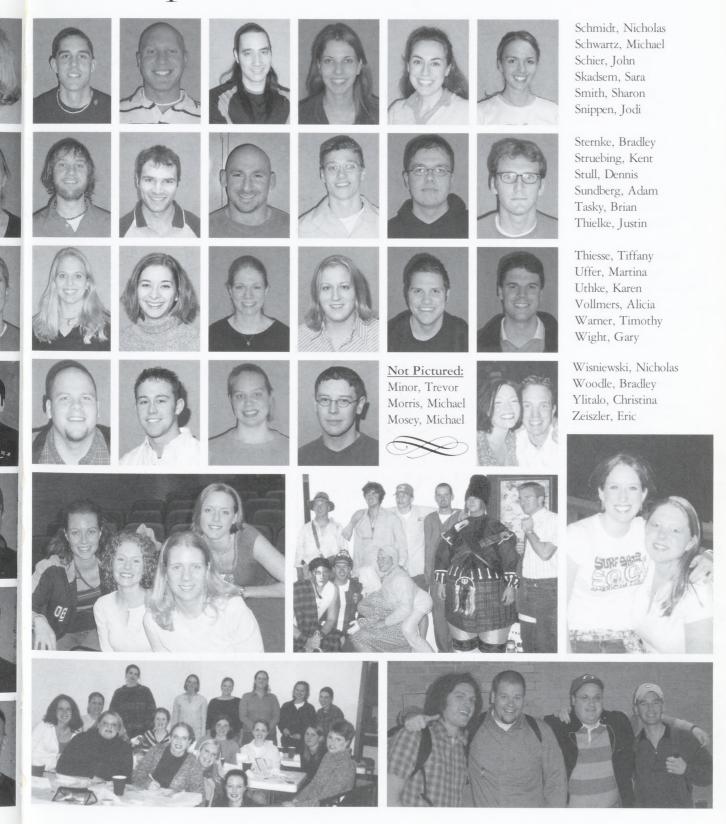








Chiropractic Fall T1 Class

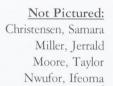


Chiropractic Fall T2 Class

Arora, Puneet Benne, Ryan Buenz, Barbara Cazer, Brandon Clausen, Jennifer Cloutier, Chad

Derhak, Russell Gangl, Nicole Hanks, Brian Hoisington, Jason Minnaert, LeeAnn Mussleman, Michael

Schindlbeck, Matthew Swenson, Kenneth Villarello-Aguirre, Eduardo Walz, Tammy Wan, William Ward, John







































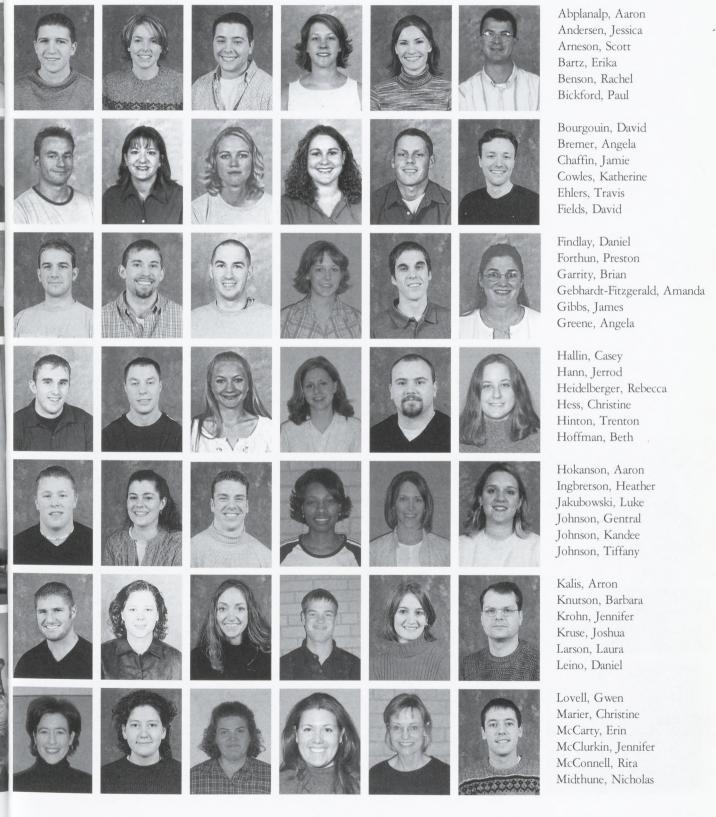








Chiropractic Fall T3 Class



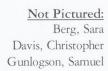
Chiropractic Fall T3 Class

Murphy, Katie Mae Nesseth, David Osmonson, Jodie Pearson, Jeffrey Peterson, Jacob Phan, Dieu

Philistin, Osly Pinoniemi, James Ritter, Tara Rock, Garret Rusnak, Mark Schierholz, Andrew

> Schlueter, Daniel Serk, Corby Shier, Benjamin Smith, Sarah Sukup, Tamara Tessier, Ashley

Tobin, Jessica Tran, Kayla Thanh-Nga Veller, Boris Wentworth, Puja Williams, Melissa' Wookey, Jacob







































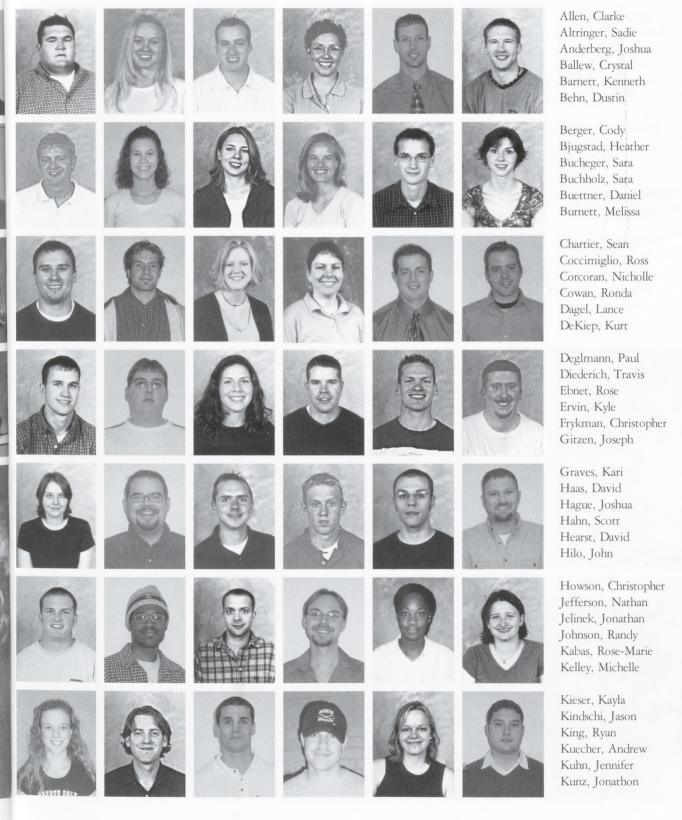








Chiropractic Fall T4 Class



Chiropractic Fall T4 Class

Larsen, Brant Lundbohm, Nicholas Lundgren, Erick Mahoney, Mark McCray, Amber Micko, Aleesha

Niemeier, Chad Pagel, Lewis Pank, Sara Ping, Garrett Pleggenkuhle, Katherine Rall, Ben

> Rethwisch, Jeremiah Revello, John Rinne, Scott Robertson, Carson Rocafort, Sergio Romant, Jay

Sailer, Jeffrey Schaffer, Nyhus Schank, Jamie Sefcik, Charles Shinabarger, Terry Skoviak, Patricia

Smith, Brian Smith, Joseph Sousa, Donna Spicer, Tom Staebler, Laura Stoughton, Alan

Sullivan, Daniel Szczepanik, Lucas Thompson, Susan Raye Underdahl, Leah Vang, Va

> Wells, Misty Wulf, Lance Zobac, Courtnee



















































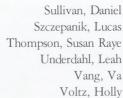


































Chiropractic Fall T5 Class



Chiropractic Fall T6 Class

Adams-Spencer, Beth Bender, Paul Bestick, Jennifer Bulfer, Sarah Calease, Alicia Carpenter, Michelle









































Grinde, Arin Hoefert, Cody Hughes, Julie Jensen, Judy Jensen, Rebecca ^e Johnson, Justin













Jungwirth, Cynthia Kelm, Timothy Kitsch, Andrea LaMaack, Rebecca Lee, Mai True Lehmkuhler, Dean



























Morgan, Melinda Morland, Aaron Nietz, Jean Olson, Daniel Olson, Dennis Osborne, Daniel













Chiropractic Fall T6 Class



Chiropractic Fall T7 Class

Andersen, Jesse Arvig, Aaron Bassuener, Alan Bawek, Michael Beeler, Jeffrey Bessmer, Christian

























Dorn, Clint Dorn, Roby Dorval, Todd Dozark, Brian Dwyer, Christopher Eichman, Jennifer













Eichman, Jude Falcon, Christopher Fruechtl, Kristina Hagel, Kyle Hake, William • Hallum, Ryan













Hassen, Rashid Herber, Matthew Himanga, Shirley Janson, Rita Jorgensen, Michael Judkins, Andrew













Knobloch, Sara Kovacs Jr., Thomas Lane, Christopher Lange, Neal Leintz, Tyler Leis, Kim













McDaniel, Ross Mockros, Lacie Nettestad, Cindy Oleston, Carrie Opferkew, Rodney Palokangas, Lorie





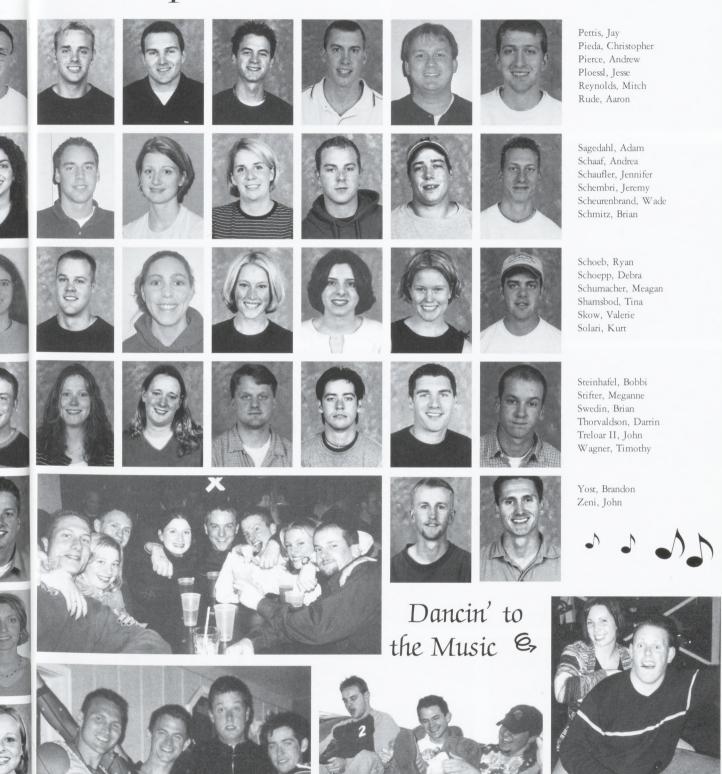








Chiropractic Fall T7 Class



















28 Candids

















August 2003 Graduates











William Carter

Sara Donahue

Dirk Dulmes











Rory Faherty

Joel Fenske

Wade Folske

Tracie Fowler

Jude Gbeddie











Gary Hahn, Jr.

Kelly Kuka

Steven Larson

Brian Malzer

Mitchell Maristuen











Robert McCoy

Kathleen Penfold

Mayra Perez

Steven Potter John Prokosch











John Shanley

Travis Steever

Scott Vanina

Carlos Villarello-Aguirre

Michele Vincent

August 2003 Graduates



Douglas Yost

Not Pictured: Laura Cheal Victoria Clarke Gretchen Hess-Turzanski











April 2003 Graduates



Scott Allan



Jonathan Beck



Harold Brown



Christopher Bryan



Kari Christofferson



Galen Collins



Felicia Conner



Robert DeYoung



Morgan Dorsett



Karmen Feist



Jason Fenske



Nicole Grundman



Amy Gunderson



Morgan Higginbotham



Erica Johnson



Darci Jurgens



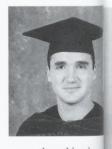
Joshua Kary



Tim Lee



Andrew Linn



Jason Lloyd



Melissa Loidolt



Jason Lupkes



Michael Maristuen



Kevin Michaelis



Andrew Mooney

April 2003 Graduates



Clint Moses



Sherri Mosley



Brian Opp



Cynthia Opp



Erin Rabel



Kami Raguse



Phillip Rand



Jadon Redington



Jason Rosenbush



Wendy Samuelson



Mireille Schlaeppi



Jonathan Schnelle









April 2003 Graduates



Benjamin Smetana



Joshua Stephens



Heather Van Wyhe



Matthew Weaklend



David Wick



Gabriel Wiener



Kevin Wilhelmi



Bradley Winter



Bethany Winther



David Wold



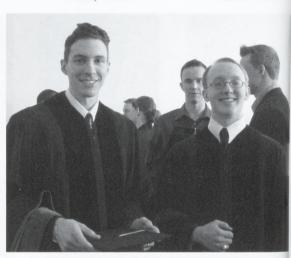
Matthew Wunderlich



Nathan Zachor



Sara Rowe Jennifer Williams







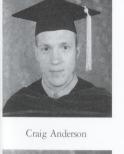


34 April '03 Graduates









old













Bobbi Jo Aden



Ida Allen



Ryan Altenburg



Jill Althoff



Kyle Anderson



Craig Angell



Jamy Antoine



Shawn Arbor



Jason Avelar



Andrea Ayres



Thomas Ayres



Jason Baker



Jarod Bergman



Cale Berry



Michelle Beyer



Shaun Bezak



Tiffany Bruhn



Alex Chernyavsky



Matthew Christiansen



Eric Clausen



Leila Coulter



Steven Crotteau



Michael Dixon



James Eschiti



Quentin Fixen



Brian Flemming



Todd Flom



Steve Fonso



Lisa Gackenheimer



Jessica Goessl



Eric Hahn



Jeff Hand



Monica Hanna



Ryan Hansen



Chad Harrison



Kati Havel



Kristin Heitzman



Brian Helland



Joelle Herman



Jay Hildenbrand



Andrew Janzen



Eric Jensen



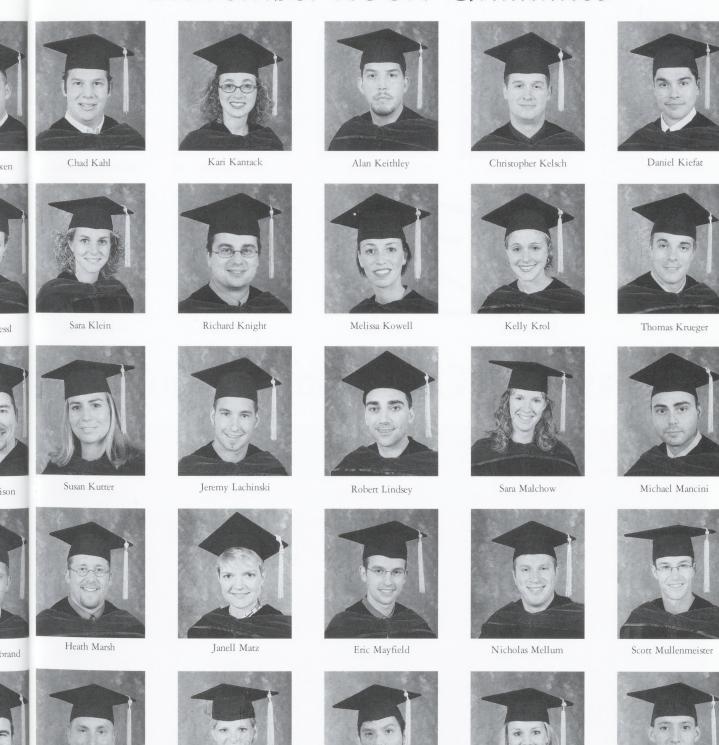
Deborah Jerikovsky



Kaija Johnson



Aaron Jones



Huy Nguyen

William Nelson

Angela Ness



Sarah Nundahl



Jennifer Pedley



Christopher Pierson



John Pietila



Assiat Pjadtoeva



Hector Renero-Valencia



Travis Roedocker



Michael Sabaz



Keith Schaller



Laura Schwartz



Jennifer Seidl



Sean Shapiro



Cynthia Shepard



Alexander Sheppard



Jeffrey Shetler



Benjamin Simonson



Casey Smith



Carol Stoutland





Sarah Strain











Eric Tessmer



Chelsea Toothe



BrandonTraudt



Grant Winter



Jacob Thone



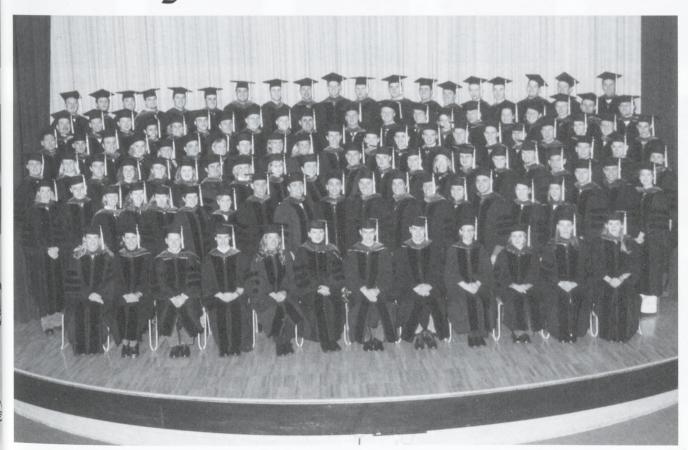
Jared Winters



Heidi Zook



Congratulations, Graduates!



August 2002 Graduates



Christopher Abel



Travis Allan



James Mitchell Anderson



Jarrod Brennan



Bradley Britton



Annette Collins



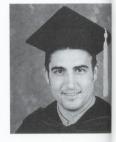
Cynthia Delacy



Darrick Dierkhising



Michael Dody



Christopher Drews



Bruck Eshete



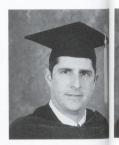
Jennifer Espeseth



Michael Fink



Jessica Graham



Michael Hartman



Heidi Hinze



Amanda Kelsey



Kevin Kosak



Laurie Kossan



Robert LaBelle



Nicole Lantz



Daniel Levernier



Chad David Lieser



Jason Louie



Deborah McClure

August 2002 Graduates



Pierre Morice



Lee Moua



Kevin Petersen



Carrie Richter



Scott Schuler



Michael Sontheimer



Anne Stephanson



Michael Sulack



Daniel Tarnowski



Troy Tvedt



Mitchell Uecker



Blong Vang



Neil Zimmer





April 2002 Graduates



Michael Bartell



Lee Ann Bertrand



Jerad Bludorn



Justin Brandau



Katie Burns Ryan



Neilson Cooper



Thomas DeWall



Jena Friedel



Jason Gauthier



Jonnie Gilbert



Leo Gonsowski III



Timothy Hammer



Kelly Harrison



Renee Hipke



Melissa Janzen



Torben Jensen



Janine Johnson



Wesley Johnson



Victoria Kes



Jenna Ko



Travis Kramer



Zachary Larson



Jason Laub



Aimee LeClair



Tou Lee



April 2002 Graduates



Melonie Levernier



Gerald Lopez



Sarah Macchi



Nancy Marihart



James McCowan



Scott Mooring



Todd Mortensen



Donell Nissen



Frank O'Neill



Jennifer Person



Sarah Peters



John Peterson



Steve Poser



Rodney Puumala



Dustin Riddle



Jason Rudelich



Joshua Rutzick



Jason Sabo



Scott Salita



Channara So



Heather Thom



Michael Weide



Tonnie Wulff



David Yaeger

Not Picutred: Andrew Alft Christopher Cox Nicole Graue Karna Hein Julie Perreault Christy Russell Jessica Smith Jay Uecker Jamie Whitmer



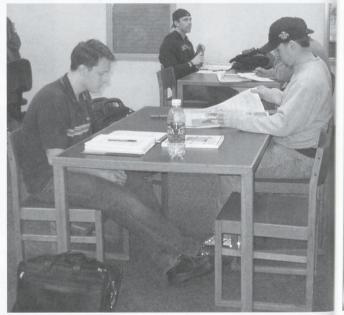












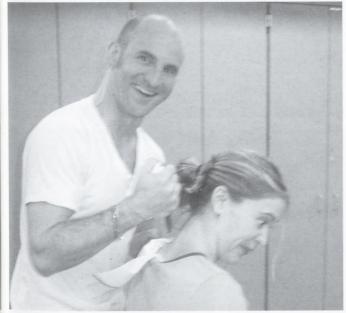




44 Candids

































46 Candids

















Dr. Dale Healy Dean of the School of Massage Therapy

School of Massage Therapy

MISSION STATEMENT

The mission of the School of Massage Therapy is to provide quality education and clinical development in the field of massage therapy.

EXPLANATION OF PROGRAM: The program is 780 hours in length and takes 1 year (3 trimesters) to complete. Applicants must be at least 18 years of age at the time of admission, have earned a high school diploma, its foreign equivalent, or a GED, and have demonstrated sufficient maturity to undertake a health care profession, including the capacity to ethically and responsibly manage professional boundaries. The program is very clinically focused. There is a strong emphasis on anatomy, particularly muscle locations and attachments. Students are guided through a traditional relaxation massage in their first trimester and onto a more clinical focused, trigger point therapy massage in their 2nd and 3rd trimesters. There is also a strong focus on the business of massage as it relates to communication, ethics, professionalism, boundaries, marketing and practice building.

HISTORY OF THE PROGRAM: The school opened its doors to its first class in the fall of 2000. It began as an evening program. The school has since graduated five classes in four commencement exercises (the last evening class had a combined graduation ceremony with one of the day groups). Two classes have been evening classes and three have been day classes. There were many involved in creating the massage therapy program, including members of the current faculty.

DEAN OF THE PROGRAM: Dr. Dale Healey graduated from Parker College of Chiropractic in 1996 with a bachelor's degree in anatomy and a Doctor of Chiropractic degree. He joined NWHSU as the Dean of the School of Massage Therapy in September of 2002. He spent the five years previous to joining NW at Myotherapy College of Utah, a massage therapy school in Salt Lake City, Utah, where he was the Education Director and an instructor. Dr. Healey enjoys being involved in education and finds dealing with students exciting and energizing.

Massage Summer T1 Class



Massage Summer T1 49

Massage Winter T1 Class

Bennet, Bambi Bloom, William Brekken, Roanne Decker, Nathan Gerrard, Joan Grosskreuz, Stefanie

> Knippel, Lyra Land, Katherine Opsal, Ryan Pinsonnault, Tara Putney, Dayle Richter, Stephanie

San Juan, Lyonel Shurman, Rita Swanson, Lindsy Tacheny, Angela Underdal, Loralee Wenaas, Crystal

Zellmer, Roberta







































=CHEERS!













August 2003 Graduates



Tracy Aslakson



Lindsay Becker



Erica Blockus



Maria Carlin



Elizabeth Crone



Billie Jo Davis



Emily Engelhardt



Robert Grady



Lindsey Kempfert



Erika McClintock



Ashley Melton



Chandler Morphew-Tarbuck



Tammy Odell



Heather Pastotnik



Nicole Recke



Alishia Roff



Taya Steenberg













Peter Tims



Anne Welch



April 2003 Graduates



Shannon Anderson



Jennifer Hougan



Desiree Le Tourneau



Jennifer Madagan



Kelly Martin



Erin Mau



Rebecca Melzer



Molly Mikacevich



Michael Mohwinkel



Kathleen Roche



Christine Shaffer



Deanna Sharp



Morgan Stende



Sarah Wolf



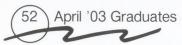












December 2002 Graduates



Carol Adams



Shauna Adler



Deanna Benson



Jessica Bros



Lori Burgstaler



Daniel Fiebiger



Pam Goodchild



Vicky Haechrel



Monica Hanson



Johnny Holding



Christine Kessler



Kari Larson



Susan Larson



Jessica Nemmers



Lacey Ohlsen



Chantel Olsen



Lenise Rankin



David Sakry



Keri Simonson



Julie Stuart



Alicia Vechik



Kelly Walstrom









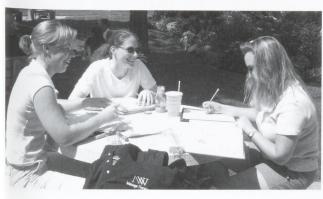
54 Graduation Groups

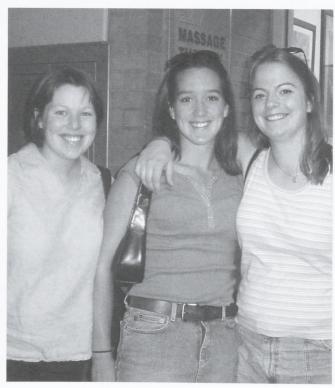














Mark S. McKenzie, L.Ac., Ms.O.M. Dean of MCAOM

Minnesota College of Acupuncture and Oriental Medicine (MCAOM)

MISSION STATEMENT

The purpose of the Minnesota College of Acupuncture and Oriental Medicine (MCAOM) at Northwestern Health Sciences University (NWHSU) is to offer professional, accredited Master degree programs in Acupuncture and Oriental Medicine, graduating practitioners who are committed to competent and compassionate patient care. In so doing, we support and promote the growth of Acupuncture and Oriental Medicine and their integration into the healthcare system of the U.S.

EXPLANATION OF PROGRAM: MCAOM has 104 students with 87% enrolled in the oriental medicine program. MCAOM offers two first professional masters degrees: one in Acupuncture and one in Oriental Medicine with two cohorts per year. The Oriental Medicine program includes additional studies in Chinese herbal medicine. The Acupuncture Only program consists of 2277 hours taken over two and two thirds years (8 trimesters). The Oriental Medicine program consists of 2817 hours taken over three years (9 trimesters). The program includes 480 hours in western biomedical courses, 625 (Acupuncture Only) and 780 (Oriental medicine) hours of hands on clinical observation and internship. Students have the opportunity to observe and intern in several locations throughout the Twin Cities. Teaching clinics are located on campus in Bloomington and in St. Paul at our Highland Natural Care Clinic.

HISTORY OF THE PROGRAM: MCAOM, initially called the Minnesota Institute of Acupuncture and Herbal Studies (MIAHS), was founded in 1990 by Edith Davis, a practicing acupuncturist in the Twin Cities. MIAHS succeeded in graduating its first class and obtaining candidacy status for accreditation in 1994. The programs continued to develop, but Edith and the governing board realized that the school had to grow if it was going to achieve and exceed national educational standards for acupuncture schools. Concurrently, NWHSU was looking to expand its professional program offerings, so negotiations began between the two entities. In 1999, MIAHS received accreditation and moved to the NWHSU campus. In early 2001, MIAHS officially merged with NWHSU and became the Minnesota College of Acupuncture and Oriental Medicine.

DEAN OF THE PROGRAM: Mark S. McKenzie, L.Ac., Ms.O.M., Dipl. Ac., Dipl. CH, NCTMB, has been Dean of MCAOM since September, 2003. Mark has provided a unique combination of business skills, direct management experience and licensure as an acupuncturist and Chinese herbologist to the MCAOM program. Mark has been an acupuncturist in the Twin Cities since 1999, graduating from the Minnesota Institute of Acupuncture and Herbal Studies (MIAHS) in 1999 and then obtaining a master's degree in Oriental medicine from MCAOM in 2002. For two years prior to accepting his current position, Mark worked part-time as an acupuncture practitioner and clinic supervisor in the Edith Davis Teaching Clinic. Mark is also a massage therapist and has a Bachelor's degree in biology and computer science.

MCAOM Winter T1













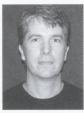
























Reece, Kimberlee Sexton, Rebekah Urevig, Sara Wallace, Kerry

MCAOM Fall T1



d

and

lls,







Not Pictured: Adducci, Viki



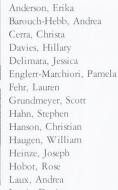












Yard, Sabrina





Waalen, Natasha Wagner, Heather Watters, Marcia







MCAOM Fall T4 Class

Abboud, Lana Babick-Scofield, Ruth Eaton, Ruth Lo, Bee Mallory, Molly Vang, Bobbee

Not Pictured:
Baldwin, Lori
Bovard, Wells
Compton, Steve
Cornish, Christina
Do, Alexander
Geppert, Michael
Gustafson, Joseph
Hang, Kaonou
Kirk, Cynthia
Koput, Deanna
Kranz, Marcia

Lussenhop, Nancy Magnuson, David Nguyen, Bich-Ngoc O'Brien, Colleen Peterson, Donna Pfeifer, Bruce Phillips, Joanna Porter, Gretchen Sanford, Sarah Schommer, Jane Smith, Brandon Sullivan, David









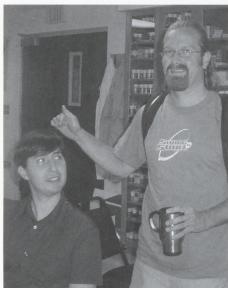






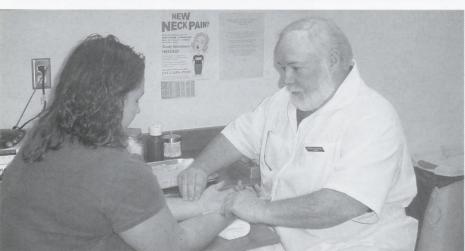
















December 2002 Graduates



Deanne Aronson



Michelle LaCroix



Claudia Leaser



Not pictured: Katrina Clifton



April 2003 Graduates



Janet Burger



Nina D'Amico



Sher Demeter



Gretta Graceland



Amber Oothoudt



Lori Rogosheske



Ljijana Stefanovic



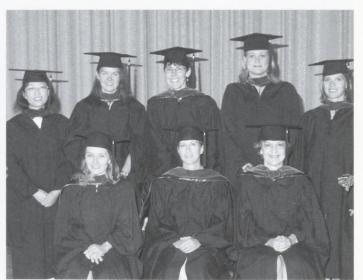
Jennifer Wenborg



Not pictured: Jodie Cope







December '02 & April '03 Graduates

August 2003 Graduates



Shelley Conn



Eileen Connor



Marie Eff



Emily Everitt



Kimberly Fritz



Jenny Gamer



Francesca Garcia Giri



Evelyn Jaffee



Adair James



Patricia Knudson



Alyssa Peterson



Jesse Peterson



Jelena Stefanovic



Mari Jo Williams



Xianhui Yang



Amy Zoet-Ghawanmeh





















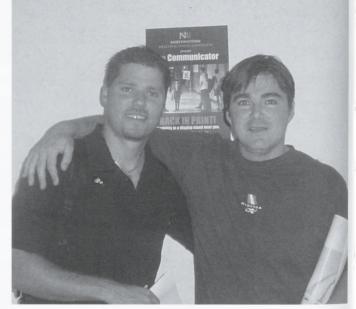


Candids 61

















62 Candids











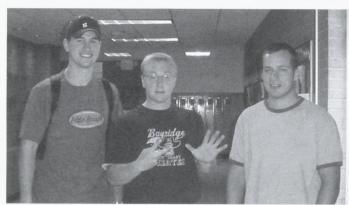






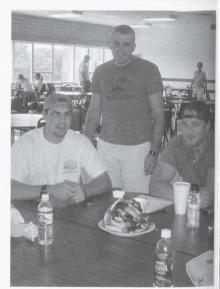
Candids 63















64 Candids















Student Senate





9. B 10. N

16. N

18. F

24. T



Club Officers:

President: Cody Hoefert

Vice President: Angie Denkinger (Chiropractic),

Jen Wenborg (MCAOM), Kari Larson/Lindsey Kempfert

(Massage)

Secretary: Terry Shinabarger Treasurer: Shelly Schochenmaier Parlimentarian: Heather Bjugstad

We have worked hard to change the outlook of the students, to make this a place people enjoy, where their voices are heard and change is implemented. We have 20. H worked to build bridges with the Students, Faculty, and 21. B

Staff of all three programs. We also have tried to provide events that support our mission and that of the 23. R University.

MISSION STATEMENT

"Functioning as a liason between the student body and the natural health community, we endeavor to continually improve the student experience."



Student Senate

Highlights of Goals Accomplished:

- 1. Became a University Student Senate!!
- 2. Pool Temperature lowered to 84 degrees.
- 3. Summer Jam was successful w/o complaint
- 4. Large clock was installed in the pool
- 5. Student Lounge: new ceiling fans, air conditioners, re-painted, re-carpeted, open weekends, security system installed, new blinds
- 6. Popcorn was served during mid-terms week
- 7. Comedy Night
- 8. Dr. Thornhill seminar
- 9. Blood Drives
- 10. Mash Notes delivered
- 11. Faculty/Staff Appreciation Day
- 12. Business Based seminar
- 13. ALS walk
- 14. Senate portion of Student Handbook re-written
- 15. More stools for methods labs
- 16. New treadmill for fitness center
- 17. New SACA office next to Senate office
- 18. Food Drives

the

their

and

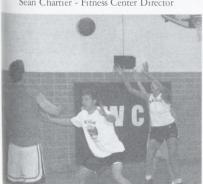
- 19. Intramurals: Sand Volleyball, Ultimate Frisbee, Co-ed Basketball, Flag Football
- have 20. Halloween Party
- , and 21. Bagels/Juice provided before National Boards
- to 22. Board reviews organized
- f the 23. Ronald McDonald house pop tab drive
 - 24. Toys for Tots



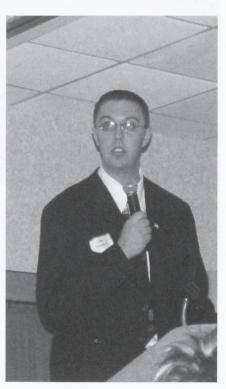




Sean Chartier - Fitness Center Director







Student Ambassadors







Ap

Offi

Provides an outreach program to future Northwestern students and ease the entrance into the University by providing exposure to the campus and to a student's "way of life." Promotes the chiropractic, acupuncture and massage profession and Northwestern Health Sciences University organized events.

Officers of the Club:

Co-Presidents: Rose Schiavi & Shannon Wyman



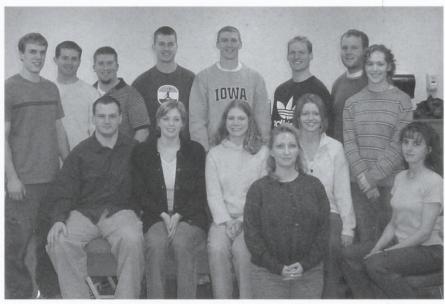




68 Student Ambassadors

Applied Kinesiology

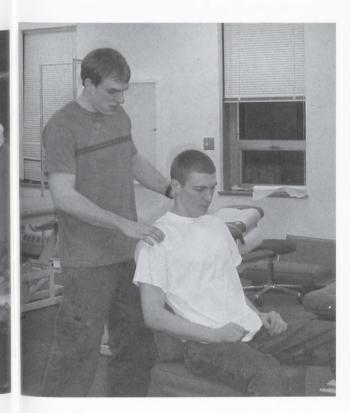




Studies the concepts, theories, and procedures of Applied Kinesiology and assesses their relevance to the practice of chiropractic.

Officers of the Club:

President: Brant Larson







Gonstead







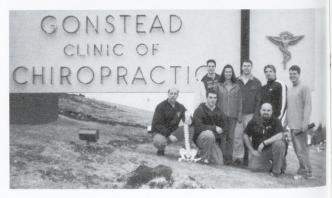


The Gonstead Technique Club is dedicated to the teaching and practice of Dr. Clarence S. Gonstead's original work. The Gonstead System utilizes an intricate means of the detection of the vertebral subluxation and further's chiropractic's foundational principle through a specific approach to its correction. Above all, it allows the student practitioner to ascertain certainty in their technique.









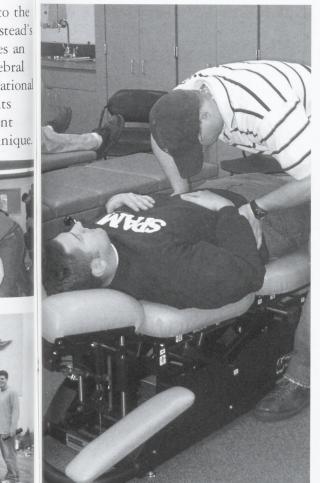
70 Gonstead

Motion Palpation

Motion Palpation club has had an exciting year! Our biggest goal is to help students get their hands on as many people as possible in order to develop excellent paplation skills. This year we developed our low back, pelvis, and extremity palpating and adjusting skills, learned how not to be fooled by the great imitators of disc disease, and through MPI's sister organization "Movement Systems", we delved deeper into the functional biomechanics of the lumbopelvis and lower extremity. Special thanks to Drs. Mark King, Terry Elder, Joel Johnston, Eric Eiselt, and Jeff Rich. We greatly appreciate your help!

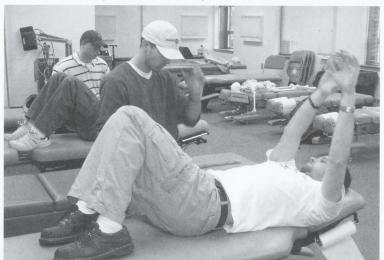


Officers are from left to right: Dan Osborne, Kristina Fruechtl, Andrew Pierce, and Chad Niemeier



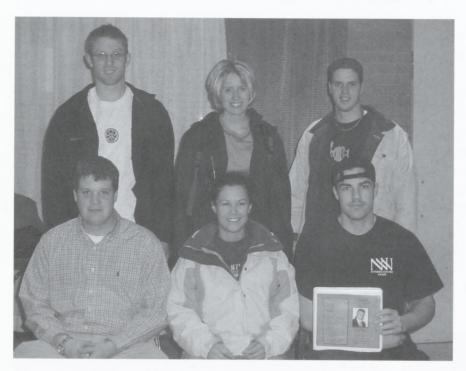
es an ebral

nt





On Purpose



The On Purpose Club is here to inspire, support, and broaden the communication skills and chiropractic knowledge of the student body in relation to contemporary issues. It is to:

1) instill in students the history and philosophy of their profession;

2) discuss and bring to awareness major issues and current events affecting the chiropractic profession;

3) teach and learn practice management issues.

The p

chiro

comr

active

on th

up wi

get o

chiroj on ca

chiro

have

at eve

table

"If I now."

ABC

SABO

Club Officers:

President: Scott Hahn

Leah Underdahl, Dan Sullivan, Ben Rall, Heather Bjugstad and Andy Kuecher

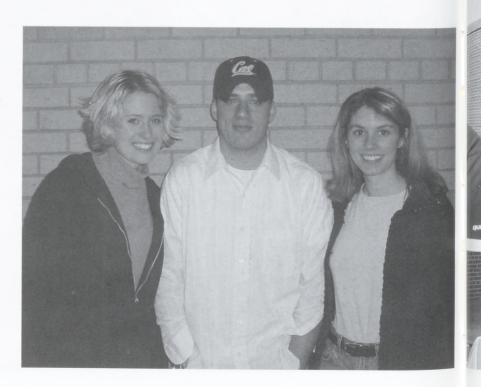
Holistic Club

The Holistic Club prepares students for the chiropractic vision of the millennium in which chiropractors address the mind, body, and spirit aspects of their patients. Their purpose is to introduce students to non-destructive ways to handle stress and how to maintain and live healthy lifestyles.

Club Officers:

President: Leah Underdahl

Josh Anderberg and Courtnee Zobac





Student American Black Chiropractic Association

The purpose of SABCA is to promote chiropractic in the under-represented black community. This past year we have been active in the High Schools in Minneapolis on their career days. We have also teamed up with some black chiros in the field to get out in various communities to promote chiropractic. Any member of the group is on call to give a brief talk about chiropractic for various organization that have an interest or a timeslot to be filled at events. Also we have organized a round table discussion with other chiros entitled. "If I would have known then, what I know now." We are also very active in the ABCA, the national organization and other SABCA chapters across the nation.

to

and

sion;







Canadian Club













Student American Chiropractic Association



The Student American Chiropractic Association is a professional organization representing future and present Doctors of Chiropractic. Its mission is to preserve, protect, improve and promote the chiropractic profession and the services of Doctors of Chiropractic for the benefit of the patients they serve. The purpose of the ACA and SACA is to provide leadership in health care and a positive vision for the chiropractic profession and its natural approach to health and wellness.

This Northwestern Chapter works to accomplish its mission by fundraising to attend the National Chiropractic Legislative Conference in Washington, D.C., the ACA annual House of Delegates meeting, and to donate financially to the ACA. Our donations go toward the Legal Action Fund, the Political Action Committee, and to Chiropractic research. To date, the Northwestern SACA Chapter has donated \$18,000! This Chapter works to form a positive vision of the profession through its Community Outreach Programs, and Northwestern SACA is well known for its letter writing campaigns on the state and national levels to further our patient's and profession's rights.









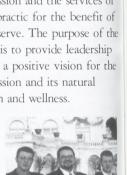
Vice-President: Andrea Schaaf President: Rob McCoy Secretary: Becky Jensen Legislative Rep.: Dave Haas

Treasurer: Kayla Kieser

National Officers were the following: National Leg. Chair: Valerie Skow National Vice Chair: Ryan Mayeda











by t

Offi Presi Vice



SACA

SACA

Sports Council



ation fors of

ces of efit of of the or the





Sports Council's primary objective is to advance in every way, the prevention, chiropractic management, and rehabilitation of athletic injuries by the chiropractic profession. Qualified members provide hands-on treatment at various athletic events and tournaments.

Officers of the club are the following:

President: Sara Donahue

Vice-President: Kim Leis and Heather Pritchard

Treasurer: Angie Denkinger Secretary: Brad Sternke







Northwestern Women in Healthcare







Northwestern Women in Healthcare serves to provide awareness, opportunities, and support for students of NWHSU. This group expands their horizons through special exhibits, seminars, and guest speakers.







76 Northwestern Women

This y be an trying reward on the cover all pro-Medic chirot

the ot us the friend and w

<u>Yearb</u> Edito:

Part-t Advis

Depair with advisor Comr Senator Support

a mill

Yearbook

This year's yearbook, or rather yearsbook, turned out to be an interesting journey to its publication. Constantly trying to make the next deadline proved challenging, yet rewarding at the same time. When we, the editors, took on this feat, we were not aware that it was going to over 5 trimesters instead of the normal 3 and include all programs (Chiropractic, Acupuncture, Oriental Medicine, and Massage Therapy). Since both of us are chiropractic students, we initially had a crash course in the other programs and what they entail. This has given us the opportunity to make many connections and friendships within the makings of the whole university and we are very thankful for this.



<u>Vearbook Staff:</u>
Editors - Becky Jensen
- Kayla Kieser
Part-time Photgrapher - Mai True Lee
Advisor - Emily Tweed

to

t for

their

**A special thank you to Arne with the Audio-Visual Department, Don Yerhot and Andrea Kodner-Wenzel with the Information Technology Department, our advisor Emily Tweed, John Healy with the Communications Department, Maie True Lee, Student Senate, and Andi Schaaf for their continued help and Support! We couldn't have done it without you! Thanks simillion, Becky and Kayla



Editors: Becky Jensen & Kayla Kieser

This is the first University yearbook and we hope that all who see this will be able to look back upon their years here at Northwestern and remember how much our school was changing and growing at this time. We also hope that you may use this to remember old friends, teachers, and classmates and to utilize it as a tool to make connections with the other health care practioners, whether it be a Chiropractor, Acupuncturist, Oriental Medicine Practioner, or Massage Therapist, that came from Northwestern in the future.











Chiro Games 2002 Parker College, Dallas Texas































HALLOWEEN







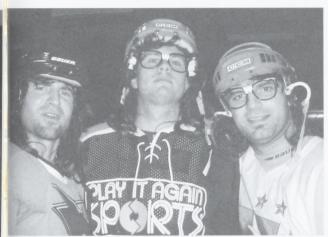




















Chiropractic Homecoming 2003







Scholarship winners and scholarship presenters are as follows: L to R, top row: Robert McCoy, Ross Coccimiglio, Joshua Flohr, Cody Hoefert, John Zeni, and Dr. Allenberg L to R, bottom row: Andrea Schaaf, Rebecca Jensen, Carrie Olestom, Dr. Traina, Bobbi Steinhafel, Debra Schoepp, and Dr. Arlan Leiberman

Not Pictured: Anna Weissenbacher and Kristina Fruechtl











82 Homecoming 2003

Great River Symposium 2003









tom,















Symposium 2003 83

Spring Fling 2002















84 Sping Fling 2002

Spring Fling 2003





















Spring Fling 2003 85

Student Leadership Dinner 2002



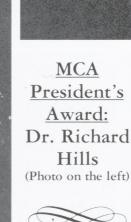
Basic Science
Teacher of
the Year:
Dr. Mary
Tuchscherer



Clinical Science
Teacher of
the Year:
Dr. Terry
Erickson













86 Student Leadership 2002

Th Stua Mar Pres

Vice Coll Coll Scho

Secondary Second

**/
wel

Nor

Student Leadership Dinner 2003



Basic Science
Teacher of
the Year:
Dr. Kim
Swineheart



Clinical Science
Teacher of
the Year:
Dr. Norman
Horns



MCAOM
Teacher of
the Year:
John
Pirog



Massage Therapy
Teacher of
the Year:
Dr. Kren
McMannus









The student awards were as follows:

Student Leadership Hall of Fame Awards-

Mark Schulz, Ryan Mayeda, Kari Larson, William Haugen

President Award- Cody Hoefert (in pictures marked with a *)

Vice President Awards- (picture on bottom-right of this page)

College of Acupuncture/Oriental Medicine: Jennifer Wenborg

College of Chiropractic: Angela Denkinger

School of Massage Therapy: Lindsey Kempfert and Kari Larson Secretary, Treasurer and Parliamentarian Awards-

Secretary: Terry Shinabarger Treasurer: Shelly Schochenmaier Parliamentarian: Heather Bjugstad

**Awards were also given to committe chairman and members, as well as to the leaders of all the clubs and organizations at Northwestern.



Special
Administrative
Recognition:
Kathy Allen
Linda Lee
Jim McDonald





Student Leadership 2003 87

Summer Jam 2003

















88 Summer Jam

Summer Jam 2003























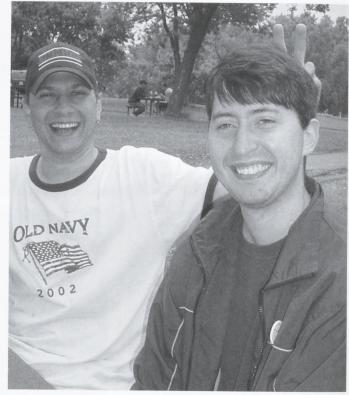




Student Appreciation Day 2003

















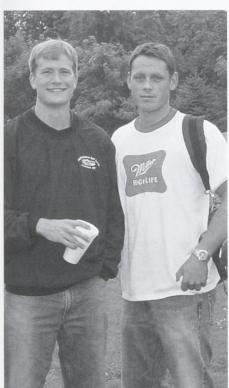
90 Student Appreciation Day

Student Appreciation Day 2003





















Student Appreciation Day

BIOFREEZE® HELPS CHIROPRACTOR ATTRACT SIX NEW PATIENTS IN JUST ONE PRESENTATION.

The Mosenthal Clinic

Spine, Sports & Wellness Center

Dear Biofreeze,

I was asked by our local senior center to present a talk about the benefits of chiropractic care. After my presentation I told the audience that we recommend Biofreeze above all the other topicals including Aspercreme, BenGay, Mineral Ice, etc.

Two days prior to my talk you had sent me a box of Biofreeze samples/pamphlets with my name and telephone number. I left the entire box on the table and told the audience that they could try the Biofreeze if they were interested. By the time I left the center, the entire Biofreeze box was empty. The following day I had 6 new patients. When I asked them if it was my "outstanding presentation" that convinced them to try chiropractic, all six replied that if I was smart enough to recommend Biofreeze then they were willing to give me a try.

Thank you Biofreeze for a great product.

Sincerely,

Jodd Mosenthal
Todd Mosenthal, DC

P.S. Could you please send me a new box of samples/brochures?!

Chiropractic

Physical & Muscular Therapy

Rehabilitation















BIOFREEZE® is available in 16oz., 32 oz., and gallon pump bottles for clinical use and personal size tubes & roll-ons for use at home between office visits.

For more information and your free trial product please call: 1-800-BIOFREEZE 1-800-(246-3733) FAX: 1-724-733-4266 e-MAIL: health@biofreeze.com

Cf For International inquiries call: 1-724-733-9500 e-Mail:

export@biofreeze.com

602003 Performance Hoslin Inc



The NORTHWESTERN COLLEGE OF CHIROPRACTIC Alumni Association



WE'RE WORKING FOR YOU!

The Northwestern College of Chiropractic Alumni Association is an important part of the life of the College. We are in a unique position to provide advice and counsel to strengthen Northwestern's mission of excellence in education, research and service. Through the association, alumni are encouraged to support Northwestern and join in building a greater College for its student body.

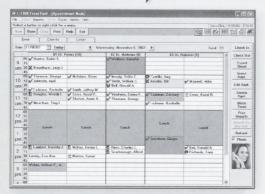
The Northwestern Alumni Association provides the College with:

- Funding of major building renovations, including the J. Lamoine De Rusha Clinical Education Center, the Greenawalt Library, and the auditorium.
- Support of the Career Services Center.
- Student Emergency Loan Program.
- · Student scholarships.
- And of course, the annual Spaghetti Feed, hosted each December by the Alumni Association for students.

We plan to continue providing service to the College and its students and we hope you will join us upon graduation and become a member of the Alumni Association. No matter where your career in chiropractic takes you through the years, you will always be a part of the Northwestern family.

For more information, contact Debbie Peterson, director of Alumni and Career Services, at ext.412. Or stop by Room 11 on the lower level.

Now, E·Z BIS Office is Even Better!



- ✓ Simple to learn and use
- ✓ Chiropractic-specific
- ✓ Modular design for maximum flexibility
- ✓ Multiple doctors / multiple clinics
- ✓ Appointment system with enhanced Book View
- ✓ Fast, dependable billing—paper or electronic
- ✓ Built-in word processing with mail-merging
- ✓ Highly advanced S OAP note system
- ✓ Built-in multimedia tutorial
- ✓ Professional, experienced support team
- ✓ 30-day money back guarantee

What was *already* the premier chiropractic office management software is now even more improved! Version 5.0 adds many new features to make your office more efficient and your job easier. The new *Book View* makes appointment scheduling a snap. With a quick glance, you can see how the entire day looks . . . including the length and current status of each appointment. Special types of appointments such as new patient appointments or re-exams can be color-coded for easy identification.

You'll never use a paper appointment book again!

Another great new feature in E-Z BIS Office version 5.0 gives users the ability to view *digital patient photos* to help with patient identification. Plus, there are dozens of other new features to make E-Z BIS Office the best choice for chiropractic office management software. Call today to find out more about E-Z BIS Office 5.0!

Version 5.0 available now! (800) 445-7816



SERVING CHIROPRACTORS FOR



Placing Information at the Professional's Fingertips 850 Kaliste Saloom Rd·Suite 110 · Lafayette, LA·(800) 445-7816 · Pax (337) 237-1251 Email: info@ezbis.com · Visit our website: www.ezbis.com

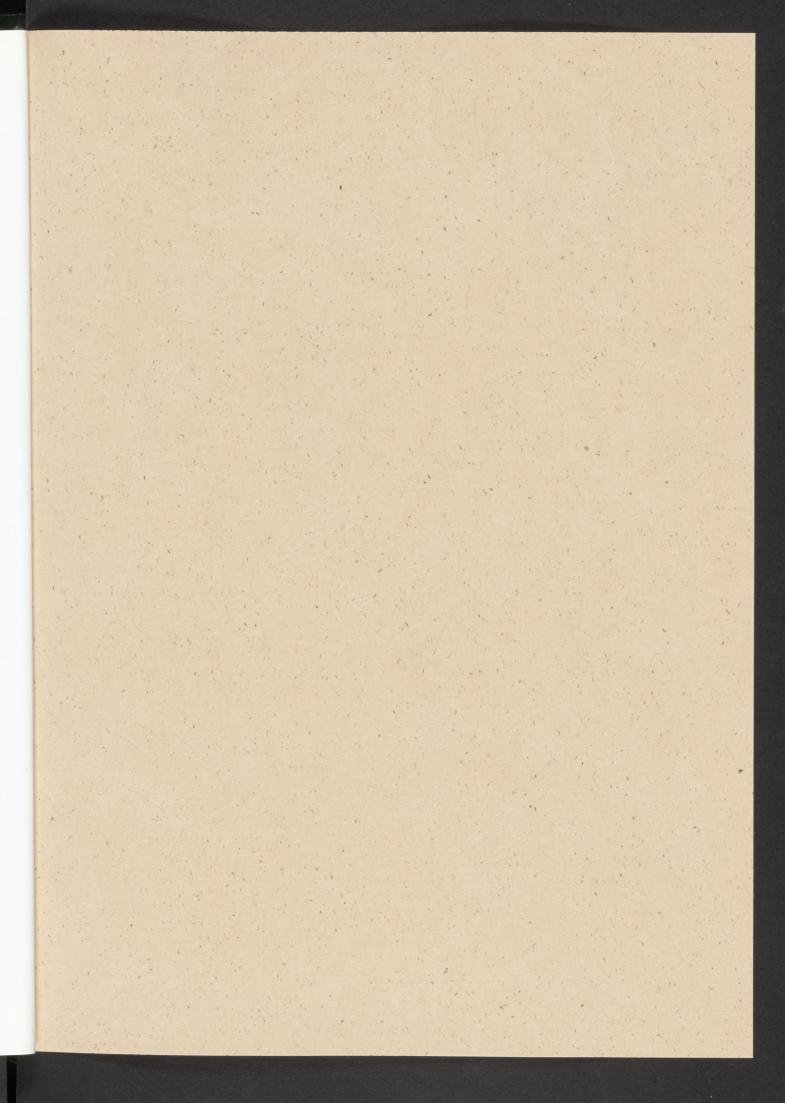
Since 1980



The End

The End! 95







FOR REFERENCE

Do Not Take From This Room

NORTHWESTERN/HEALTH SCIENCES
UNIVERSITY
2501 W 84th ST
BLOOMINGTON, MN 55431

