

CERTIFICATE OF RELAXATION MASSAGE



Sample Schedule Fall 2025-Summer 2026

Daytime*

Trimester 1		Credits
MTSC-1201	Anatomy and Physiology 1	4.0
MTPR-1121	Ethics and Professionalism	2.0
MTPR-1122	Foundations of Evidence-Informed Practice	1.0
MED-1000	Medical Terminology	1.0
MTCL-1100	Pre-Clinic Workshop	1.0
MTTE-1101	Relaxation Massage 1	2.5
MTTE-1102	Relaxation Massage 2	2.0
MTPR-1120	Wellness and Self Care	1.0
Totals		14.5
Trimester 2		
INCR-1001	Foundations of Integrative Care	1.0
MTSC-1202	Anatomy and Physiology 2	4.0
MTPR-1123	Legal Aspects of Therapeutic Massage	0.5
MTPR-1321	Professional Development-Job Search Skills	0.5
MTTE-1005	Introduction to Specific Populations	1.0
MTCL-1201	Clinic Rotation 1: Foundational Skills	1.0
MTCL-1202	Clinic Rotation 2: Enhancement of Clinical Skills	1.0
MTPR-1221	Business and Practice Management	1.5
	Elective Requirements	2.0
Totals		12.5
Program Total		27

Note: Courses subject to change. Please visit Northwestern Health Sciences University's website for latest course information: nwhealth.edu



Sample Schedule Fall 2025-Summer 2026
Evening*

Trimester 1		Credits
MTSC-1201	Anatomy and Physiology 1	4.0
MTPR-1121	Ethics and Professionalism	2.0
MED-1000	Medical Terminology	1.0
MTTE-1101	Relaxation Massage 1	2.5
MTPR-1120	Wellness and Self Care	1.0
Totals		10.5
Trimester 2		
INCR-1001	Foundations of Integrative Care	1.0
MTSC-1202	Anatomy and Physiology 2	4.0
FAD-1000	First Aid	0.0
MTCL-1100	Pre-Clinic Workshop	1.0
MTTE-1102	Relaxation Massage 2	2.0
Totals		8.0
Trimester 3		
MTPR-1122	Foundations of Evidence-Informed Practice	1.0
MTPR-1123	Legal Aspects of Therapeutic Massage	0.5
MTPR-1321	Professional Development-Job Search Skills	0.5
MTTE-1005	Introduction to Specific Populations	1.0
MTCL-1201	Clinic Rotation 1: Foundational Skills	1.0
MTCL-1202	Clinic Rotation 2: Enhancement of Clinical Skills	1.0
MTPR-1221	Business and Practice Management	1.5
	Elective Requirements	2.0
Totals		8.5
Program Total		27

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