

Master of Health Science in Functional and Integrative Nutrition

FULL TERM: September 3 – December 12, 2025 (15 weeks)

Course #	Course Name	Instructor
NUTR-6400-O	Capstone Project	Dr. Sasha Hope

FALL SESSION A: September 3 – October 21, 2025 (7 weeks)

Course #	Course Name	Instructor
NUTR-6100-AO	Foundations of Functional & Integrative Nutrition	Dr. Sasha Hope
NUTR-6112-AO	Nutritional Biochemistry & Metabolism: Macro & Micronutrients	Dr. Jessica Kovalchik
NUTR-6212-AO	Sports & Performance Nutrition	TBD
NUTR-6320-AO	Nutrition Biospsychology: Gut-Brain Connection	Dr. Sasha Hope

FALL SESSION B: October 29 – December 16, 2025 (7 weeks)

Course #	Course Name	Instructor
NUTR-6202-BO	Evidence Based Nutrition	TBD
NUTR-6210-BO	Natural Therapies: Supplements, Herbs & Pharmaceuticals	Dr. Sasha Hope
NUTR-6315-BO	Functional Nutrition Technology	TBD
NUTR-6335-BO	Nutrition & Endocrine System	Dr. Jessica Kovalchik