

Winter Term 2025 Booklist (Master)

*Course notes are not returnable

*Textbooks may be returned/exchanged during the first week of a term with a receipt

*All Prices subject to change

*If you don't see your course listed ask the store staff for assistance

Program Course	Course #	Course Name /Instructor	Course Materials / Edition	Author	ISBN (13) Required	Price	Required / Recommended / No Store
Integrated Care	INCR-6111	Fundamentals of Behavioral Science and Motivating for Health Change, Instructor: Lawson/Hazelton	Changing to Thrive: Using the Stages of Change to Overcome the Top Threats to Your Health and Happiness, Edition: N/A	Prochaska and Prochaska	9781616496296	\$18.95	Required
Integrated Care	INCR-6111	Fundamentals of Behavioral Science and Motivating for Health Change, Instructor: Lawson/Hazelton	Motivational interviewing: Helping people change, Edition: 4	Miller, W. R., & Rollnick, S	9781462552795	\$65.00	Required
Integrated Care	INCR-6111	Fundamentals of Behavioral Science and Motivating for Health Change, Instructor: Lawson/Hazelton	Tiny Habits: The Small Changes the Change Everything,	Fogg, B. J	9780358003328	\$29.99	Required
Integrated Care	INCR-6112	Foundations of Integrative Health & Wellbeing Coaching Part 1, Instructor: Beisler	Changing to Thrive: Using the Stages of Change to Overcome the Top Threats to Your Health and Happiness, Edition: N/A	Prochaska and Prochaska	9781616496296	\$18.95	Recommended

Program Course	Course #	Course Name /Instructor	Course Materials / Edition	Author	ISBN (13) Required	Price	Required / Recommended / No Store
Integrated Care	INCR-6112	Foundations of Integrative Health & Wellbeing Coaching Part 1, Instructor: Beisler	Coaching Psychology Manual, Edition: 2	Moore, M; Jackson, E.; and Tschannen-Moran, B.	9781451195262	\$73.99	Required
Integrated Care	INCR-6112	Foundations of Integrative Health & Wellbeing Coaching Part 1, Instructor: Beisler	How to be a Health Coach: An Integrative Wellness Approach ,	Jordan, M	9798445743576	\$51.00	Required
Integrated Care	INCR-6112	Foundations of Integrative Health & Wellbeing Coaching Part 1, Instructor: Beisler	Motivational Interviewing in Health Care, Edition: 2	Rollnick, S., Miller, WR.	9781462550371	\$35.00	Required
Integrated Care	INCR-6112	Foundations of Integrative Health & Wellbeing Coaching Part 1, Instructor: Beisler	Wisdom of the Whole, Edition: N/A	Bark, L.	9781463636678	\$29.95	Required
Integrated Care	INCR-6113	Foundations of Integrative Health & Wellbeing Coaching Part 2, Instructor: Beisler	Changing to Thrive: Using the Stages of Change to Overcome the Top Threats to Your Health and Happiness, Edition: N/A	Prochaska and Prochaska	9781616496296	\$18.95	Recommended
Integrated Care	INCR-6113	Foundations of Integrative Health & Wellbeing Coaching Part 2, Instructor: Beisler	Coaching with Spirit, Edition: 1	Belf, T.	9780787960483	\$46.00	Required

Program Course	Course #	Course Name /Instructor	Course Materials / Edition	Author	ISBN (13) Required	Price	Required / Recommended / No Store
Integrated Care	INCR-6113	Foundations of Integrative Health & Wellbeing Coaching Part 2, Instructor: Beisler	Integral Vision, The, Edition: N/A	Wilber, K	9781590304754	\$32.00	Required
Integrated Care	INCR-6113	Foundations of Integrative Health & Wellbeing Coaching Part 2, Instructor: Beisler	Integrative Health Coaching, Edition: N/A	Jordan, M	9780962588259	\$30.25	Required
Integrated Care	INCR-6114	Health and Wellness Standards, Instructor: Beisler/Hadley	Integrative Health Coaching: Resource Guide for Navigating Complementary and Integrative Health, Edition: N/A	Jordan, M	9780962588259	\$30.25	Required
Integrated Care	INCR-6115	Community Practicum In Health and Wellness Coaching, Instructor: Hadley/Hazelton	Masterful Health and Wellness Coaching: Deepening Your Craft, Edition: N/A	Arloski, Michael	9781570253614	\$39.95	Required