Master of Health Science in Human Performance

WINTER SESSION A: Wednesday, January 6 – Tuesday, February 23, 2027 (7 weeks)

Course #	Course Name	Instructor
SMPH-6000-AO	Foundations of Human Performance	Sean Degerstrom
SMHP-6215-AO	Performance Technology and Monitoring Systems	Sean Degerstrom

WINTER SESSION B: Wednesday, March 3 – Tuesday, April 20, 2027 (7 weeks)

Course #	Course Name	Instructor
SMPH-6020-BO	Applied Biomechanics and Movement Science	Sean Degerstrom
SMPH-6235-BO	Performance Assessment and Needs Analysis	Sean Degerstrom