

# Master of Health Science in Functional and Integrative Nutrition

**FULL TERM:** **Wednesday, September 9 – Friday, December 18, 2026** *(15 weeks)*

| Course #     | Course Name      | Instructor |
|--------------|------------------|------------|
| NUTR-6400-O  | Capstone Project | Sasha Hope |
| NUTR-6400-OA | Capstone Project | Sasha Hope |

**FALL SESSION A:** **Wednesday, September 9 – Tuesday, October 27, 2026** *(7 weeks)*

| Course #     | Course Name                                                   | Instructor        |
|--------------|---------------------------------------------------------------|-------------------|
| NUTR-6100-AO | Foundations of Functional & Integrative Nutrition             | Jessica Kovalchik |
| NUTR-6112-AO | Nutritional Biochemistry & Metabolism: Macro & Micronutrients | Jessica Kovalchik |
| NUTR-6212-AO | Sports & Human Performance Nutrition                          | Timothy Garrett   |
| NUTR-6310-AO | Nutrigenomics and Epigenetics                                 | Gregory Nacarelli |

**FALL SESSION B:** **Wednesday, November 4 – Tuesday, December 22, 2026** *(7 weeks)*

| Course #     | Course Name                                             | Instructor        |
|--------------|---------------------------------------------------------|-------------------|
| NUTR-6202-BO | Evidence Based Nutrition                                | Teresa Douglas    |
| NUTR-6210-BO | Natural Therapies: Supplements, Herbs & Pharmaceuticals | Lara Zakaria      |
| NUTR-6330-BO | Developmental and Lifecycle Nutrition                   | Alexa Evenson     |
| NUTR-6335-BO | Nutrition & the Endocrine System                        | Jennifer Champion |