

Master of Health Science in Functional and Integrative Nutrition

FULL TERM: **Wednesday, September 9 – Friday, December 18, 2026** (15 weeks)

Course #	Course Name	Instructor
NUTR-6400-O	Capstone Project	Sasha Hope

FALL SESSION A: **Wednesday, September 9 – Tuesday, October 27, 2026** (7 weeks)

Course #	Course Name	Instructor
NUTR-6100-AO	Foundations of Functional & Integrative Nutrition	Sasha Hope
NUTR-6112-AO	Nutritional Biochemistry & Metabolism: Macro & Micronutrients	Jessica Kovalchik
NUTR-6212-AO	Sports & Performance Nutrition	Timothy Garrett
NUTR-6310-AO	Nutrigenomics and Epigenetics	G. Nacarelli
NUTRI-7600-AO	Nutrition Counseling and Care	Corey Schuler
NUTRI-7650-AO	The Nutrition Focused Physical Exam	Jessica Kovalchik

FALL SESSION B: **Wednesday, November 4 – Tuesday, December 22, 2026** (7 weeks)

Course #	Course Name	Instructor
NUTR-6202-BO	Evidence Based Nutrition	Teresa Douglas
NUTR-6210-BO	Natural Therapies: Supplements, Herbs & Pharmaceuticals	Lara Zakaria
NUTR-6330-BO	Developmental and Lifecycle Nutrition	Savannah Limbaugh
NUTR-6335-BO	Nutrition & the Endocrine System	J. Champion
NUTR-7800-BO	Therapeutic Food Plans and Meal Planning	Sasha Hope