Master of Health Science in Functional and Integrative Nutrition

FULL TERM: Wednesday, September 9 – Friday, December 18, 2026 *(15 weeks)*

Course #	Course Name	Instructor
NUTR-6400-O	Capstone Project	Sasha Hope
NUTR-6400-OA	Capstone Project	Sasha Hope

FALL SESSION A: Wednesday, September 9 – Tuesday, October 27, 2026 *(7 weeks)*

Course #	Course Name	Instructor
NUTR-6100-AO	Foundations of Functional & Integrative Nutrition	Sasha Hope
NUTR-6112-AO	Nutritional Biochemistry & Metabolism: Macro & Micronutrients	Jessica Kovalchik
NUTR-6212-AO	Sports & Human Performance Nutrition	Timothy Garrett
NUTR-6310-AO	Nutrigenomics and Epigenetics	Gregory Nacarelli

FALL SESSION B: Wednesday, November 4 – Tuesday, December 22, 2026 *(7 weeks)*

Course #	Course Name	Instructor
NUTR-6202-BO	Evidence Based Nutrition	Teresa Douglas
NUTR-6210-BO	Natural Therapies: Supplements, Herbs & Pharmaceuticals	Lara Zakaria
NUTR-6330-BO	Developmental and Lifecycle Nutrition	Alexa Evenson
NUTR-6335-BO	Nutrition & the Endocrine System	Jennifer Champion