

# Master of Health Science in Functional and Integrative Nutrition

**FULL TERM:** **Wednesday, May 6 – Friday, August 14, 2026 (15 weeks)**

Course #	Course Name	Instructor
NUTR-6400-O	Capstone Project	Sasha Hope

**Second Summer Start:** **Tuesday, May 26 – Friday, August 14, 2026 (12 weeks)**

Course #	Course Name	Instructor
INCR-6001-CNV	Foundations/Integrative Care	Dale Healey

**SUMMER SESSION A:** **Wednesday, May 6 – Tuesday, June 23, 2026 (7 weeks)**

Course #	Course Name	Instructor
NUTR-6100-AO	Foundations of Functional & Integrative Nutrition	Sasha Hope
NUTR-6112-AO	Nutritional Biochemistry & Metabolism: Macro & Micronutrients	Jessica Kovalchik
NUTR-6320-AO	Nutritional Biopsychology	Sasha Hope
NUTR-6325-AO	Nutrition in Pain, Inflammation, & Chronic Disease	TBD

**SUMMER SESSION B:** **Wednesday, July 1 – Tuesday, August 18, 2026 (7 weeks)**

Course #	Course Name	Instructor
NUTR-6202-BO	Evidence Based Nutrition	Teresa Douglas
NUTR-6210-BO	Natural Therapies: Supplements, Herbs & Pharmaceuticals	Lara Zakaria
NUTR-6315-BO	Functional Nutrition Technology & Diagnostics	Lara Zakaria
NUTR-6335-BO	Nutrition & the Endocrine System	Jessica Kovalchik