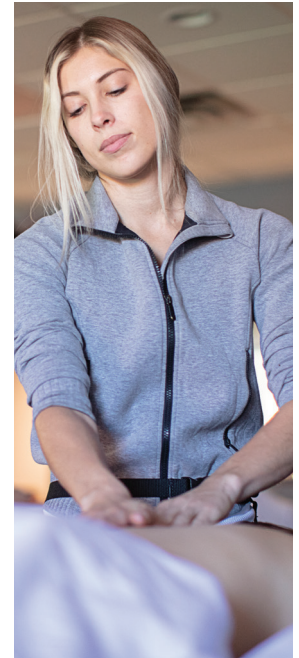


# CERTIFICATE OF RELAXATION MASSAGE

Sample Schedule Fall 2026-Summer 2027

## Daytime\*

Trimester 1		Credits
MTSC-1201	Anatomy and Physiology 1	4.0
MTPR-1121	Ethics and Professionalism	2.0
MTPR-1122	Foundations of Evidence-Informed Practice	1.0
MED-1000	Medical Terminology	1.0
MTCL-1100	Pre-Clinic Workshop	1.0
MTTE-1101	Relaxation Massage 1	2.5
MTTE-1102	Relaxation Massage 2	2.0
MTPR-1120	Wellness and Self Care	1.0
<b>Totals</b>		<b>14.5</b>
Trimester 2		Credits
INCR-1001	Foundations of Integrative Care	1.0
MTSC-1202	Anatomy and Physiology 2	4.0
MTPR-1123	Legal Aspects of Therapeutic Massage	0.5
MTPR-1321	Professional Development-Job Search Skills	0.5
MTTE-1005	Introduction to Specific Populations	1.0
MTCL-1201	Clinic Rotation 1: Foundational Skills	1.0
MTCL-1202	Clinic Rotation 2: Enhancement of Clinical Skills	1.0
MTPR-1221	Business and Practice Management	1.5
	Elective Requirements	2.0
<b>Totals</b>		<b>12.5</b>
<b>Program Total</b>		<b>27</b>
Electives		Credits
MTEL-1101	REFLEXOLOGY 1	1.5
MTEL-1105	REIKI LEVEL 1	1.0
MTEL-1107	FOUNDATIONS OF HEALING TOUCH, COURSE 1	1.0
MTEL-1230	INTRO TO CRANIOSACRAL THERAPY	1.0
MTEL-1250	TAI JI	0.5
MTEL-1320	SPORTS MASSAGE	0.5
MTEL-1330	ADVANCED CLINICAL TRAINING: NEUROMUSCULAR THERAPY AND FASCIAL TECH-	3.5
MTEL-1350	INTRODUCTION TO ENERGY MEDICINE	2.0
MTEL-1400	INSURANCE BILLING PRACTICES FOR MASSAGE THERAPY	0.5
MTEL-1500	INTRODUCTION TO CHINESE MEDICINE AND CUPPING	1.5
MTEL-1951	MASSAGE THERAPY FOR THE MEDICALLY COMPLEX	2.0



**Note:** Courses subject to change. Please visit Northwestern Health Sciences University's website for latest course information: [nwhealth.edu](http://nwhealth.edu)

## Sample Schedule Fall 2026-Summer 2027

### Evening\*

Trimester 1		Credits
MTSC-1201	Anatomy and Physiology 1	4.0
MTPR-1121	Ethics and Professionalism	2.0
MED-1000	Medical Terminology	1.0
MTTE-1101	Relaxation Massage 1	2.5
MTPR-1120	Wellness and Self Care	1.0
<b>Totals</b>		<b>10.5</b>
Trimester 2		Credits
INCR-1001	Foundations of Integrative Care	1.0
MTSC-1202	Anatomy and Physiology 2	4.0
FAD-1000	First Aid	0.0
MTCL-1100	Pre-Clinic Workshop	1.0
MTTE-1102	Relaxation Massage 2	2.0
<b>Totals</b>		<b>8.0</b>
Trimester 3		Credits
MTPR-1122	Foundations of Evidence-Informed Practice	1.0
MTPR-1123	Legal Aspects of Therapeutic Massage	0.5
MTPR-1321	Professional Development-Job Search Skills	0.5
MTTE-1005	Introduction to Specific Populations	1.0
MTCL-1201	Clinic Rotation 1: Foundational Skills	1.0
MTCL-1202	Clinic Rotation 2: Enhancement of Clinical Skills	1.0
MTPR-1221	Business and Practice Management	1.5
	Elective Requirements	2.0
<b>Totals</b>		<b>8.5</b>
<b>Program Total</b>		<b>27</b>

### Electives

MTEL-1101	REFLEXOLOGY 1	1.5
MTEL-1105	REIKI LEVEL 1	1.0
MTEL-1107	FOUNDATIONS OF HEALING TOUCH, COURSE 1	1.0
MTEL-1230	INTRO TO CRANIOSACRAL THERAPY	1.0
MTEL-1250	TAI JI	0.5
MTEL-1320	SPORTS MASSAGE	0.5
MTEL-1330	ADVANCED CLINICAL TRAINING: NEUROMUSCULAR THERAPY AND FASCIAL TECH-	3.5
MTEL-1350	INTRODUCTION TO ENERGY MEDICINE	2.0
MTEL-1400	INSURANCE BILLING PRACTICES FOR MASSAGE THERAPY	0.5
MTEL-1500	INTRODUCTION TO CHINESE MEDICINE AND CUPPING	1.5
MTEL-1951	MASSAGE THERAPY FOR THE MEDICALLY COMPLEX	2.0



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